

“Heritage Offers Many Experiences”

January 2011 Newsletter

HAPPY NEW YEAR

HERITAGE'S ANNUAL HOLIDAY PARTY

On Wednesday, December 15th Heritage hosted its annual Holiday Party for residents and families. The Pelouin Room and Homestead were a buzz with lively conversation. Those who stayed until the end were treated to an old-fashioned holiday sing-a-long, courtesy of pianist and entertainer, Paula Giles. Homestead enjoyed an accordion player.



LOUISE MADISON (LEFT) WITH GRANDDAUGHTER MELISSA AND GREAT GRANDSON DAVID



MINNIE McCANN (LEFT) WITH GRANDSON JAMIE AND GREAT GRANDDAUGHTER ALLY

HOMESTEAD HAPPENINGS

We hope you had a joyful holiday season with family and friends; it was exciting to celebrate with so many people here at our Holiday Party; check for pictures in our lobby and on the second floor near the elevator.

During these winter months, the Activity staff is putting new programs together to continue to keep our residents active and engaged. Based on resident input and suggestion, we will be featuring additional history, geography, art and nature discovery and discussion times.

Our upstairs enclosed porch, in the Boston neighborhood, has been updated as our indoor gardening space.

To stay active during the winter months, Thelma is now leading Chair Zumba classes twice a week and we are taking additional “Indoor Walks” to our Classic building. Our Chair Badminton games also remain a favorite.

Another favorite is our Dog Visits, from our many furry friends. Each month, we have trained therapy dogs visit to spread smiles among our residents. Katie, Brady, Humphrey and Ziv are current visitors; look for pictures next month.

Our featured pianists, Sonja Maneri and Gert Kagan, bring welcome talent and fill the halls with music.

Barbara Yarkin and volunteer Susan Pell daughter of Joanne Pell, lead us in lively Sing-a-Longs each month. On *Friday, January 21, at 6 p.m.*, the classical pianist, Adam Bergeron, will share his talent with us.

Our Community trips this month will offer outings to restaurants for Friday dinner; each neighborhood will have the chance to go out together.

Our Knitting Group is now meeting again on Thursday mornings, with help from one of our volunteers.

RIDDLE OF THE MONTH

A rooster lays an egg at the very top of a slanted roof. Which side is the egg going to roll off on? (answer on page 3)

RESIDENTS' JANUARY BIRTHDAYS

Heritage at Framingham celebrates residents' birthdays with a monthly birthday party. Happy Birthday to:

Fran DeGuglielmo – January 1st
Yolanda Daley – January 8th
Ron Barney – January 11th
Elizabeth Lawlor – January 15th
Norma McGinnis – January 19th
Bill Johnson – January 22nd
Johanna Rodman – January 28th
Jeff Musser – January 29th

HANUKKAH PARTY



RUTH SILVERMAN LIGHTS THE MENORAH

On Tuesday, December 7th, Jewish Family Services sponsored a Hanukkah Party attended by over 75 people from the Framingham community. Preschool and elementary school children participated in craft activities and were then treated to entertainment by Barbara Kessler

IN LOVING MEMORY OF

SALLY GOLDENBLATT & HANK PARIS



RESIDENT OF THE MONTH **IRMA ISAACSON**



Irma has been a resident of Heritage since January of 2009. She was born and brought up in Worcester and was the youngest of three girls. Irma married her husband, George when she was only 17 years old. George taught her how to drive a car. They had four daughters: Shelley, Susan (shown above), Jane, and Jill. George owned and operated George Howard Paint & Wallpaper which was located in Framingham for years. Besides being a busy Mom, Irma was a bank manager at Shawmut Bank. After the girls grew up, Irma and George bought a summer home in Falmouth and eventually moved there permanently and lived there for over twenty years. Irma was very active in Falmouth. She was a volunteer for community services which planted flowers on rotaries which beautified the town. She also was a volunteer at the Falmouth Hospital, working the reception desk. When asked about Heritage, Irma replies "It's a wonderful place and its home to me. It's also close to my children." Irma has six grandchildren and two great grandchildren. She likes to play cards with her friends here and go to the lunch bunch group and she's always willing and able to give the best hugs around. When asked to divulge something about her that no one else knows, this beautiful woman told me that she was a model at one time for several organizations and was very much in demand.

ICE CREAM SOCIAL



ROSE MESITE (left) & EDNA FEELEY

On the afternoon of Wednesday, December 29th, residents were treated to an Ice Cream Social complete with all the fixings. It was a great way to wind-up 2010 and everyone got creative making their own sundaes. Afterwards, residents enjoyed singing with an hour-long Karaoke program. Residents who wished to sing a solo didn't hesitate to grab the microphone and belt out some of their favorite jazz standards and popular movie themes.

ANSWER TO THIS MONTH'S RIDDLE

Neither, roosters don't lay eggs!

WELCOME NEW EMPLOYEES

Mildren Ogwang (RCA)

Jeff Braverman (Kitchen)

Marli Miranda (RCA)

EMPLOYEES' JANUARY BIRTHDAYS

Mary Bergeron – January 11th

Genna Glick – January 11th

Jeff Braverman – January 18th

Lynn Swanson – January 22nd

Lindaura Leite – January 27th

Joi Garron – January 28th

Linda Howard – January 31st

LONGFELLOW'S WAYSIDE INN LUNCHEON



BETSY HILL (Left) & FREDA LINDBLOM

On Wednesday, December 22nd, fifteen residents and staff enjoyed a lovely holiday luncheon at the famous Wayside Inn in Sudbury, MA. Everyone enjoyed delicious meals in the elegantly decorated dining room. The fireplace was roaring and everyone left with full stomachs and a warm, holiday feeling.

WELCOME NEW RESIDENTS

Clara (Kate) Particelli

Evelyn Bourdreau

Annette McGorty



All of the employees at Heritage would like to thank all of the residents who gave to the Employee Fund. Your generosity is much appreciated!

NEW YEARS QUOTE

Be always at war with your vices, at peace with your neighbors, and let each new year find you a better man. ~Benjamin Franklin

FRIDAY NIGHT SHABBAT SERVICE



DANIEL RICHMAN (left) & ARI SALINGER

Every Friday afternoon at 4:00pm Jewish residents attend Shabbat service in the Peloquin room. For over seven years, Daniel Richman has volunteered to lead the Shabbat service every week. Daniel's commitment to his volunteer work is unprecedented. Two weeks ago, Daniel surprised everyone with homemade Challah bread which he brought to Heritage hot, right out of his home oven. Daniel is a senior at Framingham High School and is currently awaiting response from a number of colleges. In addition to Daniel, Ari Salinger, a 6th grader from Framingham has been a volunteer for our Shabbat service for over a year. Ari's older brother, Elliot, had been a volunteer for a number of years, too. We thank Daniel and Ari for their time and commitment to the residents at Heritage. Daniel is being nominated for an award at the MASS ALFA Awards Banquet (Massachusetts Assisted Living Facilities Association) for his volunteer efforts.

TUESDAY SHOPPING



THERESA GOTTFRIED (left) & LUCILLE DAVIS

Every Tuesday residents board the Heritage bus to go shopping at CVS in the Nobscot Shopping Center and then to Sudbury Farms just over the town line on Route 20 in Sudbury. Residents enjoy shopping at these specific stores because of the high quality of customer service and convenience to their home here at Heritage. Sudbury Farms goes above and beyond the call of duty by providing specific help to residents with low vision or other special needs. In addition to our Tuesday shopping day, residents can request a trip to other stores in the Route 20 or Route 9 areas. The activity department will schedule additional shopping trips as needed or requested.