



H.O.M.E.

“Heritage Offers Many Experiences”

December 2010 Newsletter



All of the staff at Heritage would like to wish all the best to our residents and their families on the upcoming Holiday Season. May all your holidays be happy and may you have a year blessed with joy, love, and abundance.

WHAT THE HOLIDAYS MEAN TO OUR RESIDENTS

We have asked some our residents what the holidays mean to them. Following are their responses. **Ron Barney:** A chance to see my relatives. **Lee Passalacqua:** “Special food and being with family.” **Eva Blanchard:** “I miss my husband and friends. I like getting together with family.” **Fran Winter:** “Family.” **Theresa Gottfried:** “A joyous time to get together with family.” **Dick Herstine:** “A time for remembrance and celebration.” **Sally Goldenblatt:** “It’s a different meaning than it was years ago.” **Michael Maher:** “Going to family.” **Marie Ramsdell:** “Too much money to spend but lots of fun and work.” **Judy Keiler:** “I get to see my kids, grandchildren and great grandchildren.” **Norma McGinnis** “Family” **Minnie McCann:** “I respect them, attend church and see tons of family.” **Helen Kandrac:** “It’s different now. I am going to be with my kids and it’s wonderful!” **Marcia Gilman:** “Being with family and enjoying the time.” **Josephine Gioisa:** “I am grateful that I can live to enjoy them. **Gertrude Kagan:** “Delicious flavors and being together with your near and dear.”
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HOMESTEAD HAPPENINGS

Our weekend activity assistant, Eileen O’Reilly, offers a special breakfast to Homestead residents every Sunday. “Eggs your Way”. Eileen shows off her short order chef talents, cooking “eggs to order “for the enjoyment of each neighborhood.

Music “plays” an important part in many of our activities. Classical Pianist Adam Bergeron dazzled our residents with his repertoire on Monday, December 6th. Adam will return monthly to offer an after dinner concert. His next performance is scheduled for Friday, January 21st, in the Pelouquin Room; you are welcome to join us.

Our Activity Director, Thelma Diaz, will be offering a special Program about Guatemala on Friday, December 31st at 2:00 pm Thelma will share pictures, postcards and clothing from her recent trip, as part of our New Year’s Eve celebration.

Pablo Picasso: “Art washes from the soul the dust of everyday life. Our visiting artist Sonja Maneri offers a creative drawing class, each month that taps into the artist in each of our residents. The Activity Staff lead Art Appreciation discussions, utilizing classic paintings to evoke positive memories and emotions. Stay tuned for creations from our own resident artists. We will be offering an art display in our Homestead lobby.

PAY IT FORWARD AT SUDBURY FARMS

A few weeks ago, the residents took their weekly trip to Sudbury Farms but it certainly wasn’t the usual trip. Marie Ramsdell, one of our residents, was paying for her four bags of groceries when she found out that her credit card didn’t work. Surprisingly, a lady in front of Marie noticed this and offered to pay for Marie’s groceries. Marie thanked her and asked for her name and number and told her that her son would send a check to her. The lady replied “I don’t want the money. I just want you to do something else for someone.” Pay it forward!

WHAT THE HOLIDAYS MEAN TO OUR RESIDENTS (continued)

Becky Lynch: "Religious memories, Christ is born, family & friends." **Roberta Garvin:** "Spending time with my family." **Ruth Borkowski:** "A time to get together with family and to enjoy your surroundings." **Yolanda Daley:** "Gathering together with family & friends and drinking and eating." **Anne Rettger:** "Being with family and sharing good things that happened." **Adele Macaluso:** "Being with family and my dog, Humphrey." **Norma Flynn:** "Being in a nice place with people I love." **Marg Feeney:** "Celebrating the birth of Christ and see relatives." **Evelyn Fournier:** "Family gatherings, good food and religious issues." **Rita Lieberman:** "Being with family." **Mary Paris:** "Being together with people you like." **Joanne Pell:** "It's very important for families to get together at my house because I'm the oldest." **Steve and Ginger Fiore:** Family, food and fun." **Beth Lawlor:** "Family time." **David Blumenthal:** "It means good times and visits with family." **Jeff Musser:** "A happy meal." **Betty Brennan:** "A happy family gathering." **Ruth Silverman:** "It's wonderful getting together with the family, especially the children." **Tina Morse:** "It means getting together with family and enjoying each other's company." **Bill Johnson:** "It's nice getting together with my family and to go looking for Christmas trees." **Edna Feeley:** "Happiness, joy, excitement." **Joe Calcio:** "Just another day." **Roger & Alice Vancour:** "a special occasion to be joyous for." **Ed Thurston:** Holidays foul up the routine." **Maud Lee:** Fun with the family." **Elizabeth Burns:** "Family and religion, what faith means to you, brings families closer together and mends fences." **Fran DeGuglielmo:** "Family, friends and Richard." (our new housekeeping employee) **Charlotte Iozzo:** Family & friends." **Joe Rettger:** "Make sure everyone is happy." **Fred Atkinson:** A day off celebrating the birth of Christ." **Rose Mesite:** "Gathering with family and friends, spiritual feeling." **Betsy Hill:** A special time to quiet down and be with close family and friends." **Mickey & Ethel Fieger:** "A time for remembering loved ones we lost." **Louise Madison:** "Family being together." **Woody Sporn:** "The 3 F's – family, fun &

friends." **Ted Paxson:** "Tradition, it's a time ideally to get together with family and friends." **Carol Handelsman:** "Enjoying Hanukkah." **Irma Isaacson:** "Celebrating!" **Bernie Gamble:** "The birth of Christ." **Marie Rusch:** "Celebrating with family & friends." **Lucille Davis:** "Family and being together." **Freda Lindblom:** "Thanksgiving is my favorite holiday." **Cynthia and Herbert Morgan:** "Family." **Priscilla & Lee Duval:** "Family, friends, good will, people bend over backwards to get along." **Anita Karp:** "Being with family and thank God we are all here." **Betty Mason:** "Warm & loving family relationships." **Ida Levine:** "Lonesome because of lack of celebrating." **Clare Goldblatt:** "They bring back memories of when I was a child and everyone lived close by so they are both sad and happy." **June Early:** "Celebrating."

RESIDENTS' DECEMBER BIRTHDAYS

Heritage at Framingham celebrates residents' birthdays with a monthly birthday party. Happy Birthday to:

Fran Winter – Dec. 4th

Dorothy Lyons – Dec. 5th

Marie Rusch – Dec. 9th

David Blumenthal – Dec. 17th

Adele Macaluso – Dec. 20th

Cynthia Morgan – Dec. 20th

Margaret Feeney – Dec. 30th

Marcia Goodwin – Dec. 23rd



Wii ARE THE MIGHTY HERITAGE BOWLERS!



From bottom left clockwise: Carol Handelsman, Bill Johnson, John Mauritz (activities assistant), Fran DeGulielmo, Dick Herstine, Ron Barney, Mickey Feiger and Lorraine Canavan in the middle (Activities director Lynne Canavan's daughter)

The Heritage Wii Bowling team is one of the newest and most popular activities in the community. Several times a week activity assistant, John Mauritz leads the bowling team in practice and competitive games for approximately one to one and a half hours. Residents are very enthusiastic and competitive. One resident has even sought lessons with a grandchild in an effort to improve his game. Every bowler can boast about reaching the pro level, having scored a 200 game or higher. A number of residents have even scored 6 or 7 strikes in a row. The team is looking forward to a bowling tournament in the New Year with two assisted living communities in the Metrowest area. We will post more information on the tournament and encourage everyone to come and cheer on the Heritage bowling team!

RIDDLE OF THE MONTH

There is a band that just started out. The band's drummer was the oldest in the band but also the youngest. If this is not a one-man band then how is this true? (answer on page 4)

RESIDENT OF THE MONTH



Woodrow Sporn

Woodrow (Woody) Sporn was born in Brooklyn, New York on May 22, 1916. He had two brothers and two sisters. As a child, he loved to play tennis, punch ball, baseball and football. His parents died when he was young so he went to live with his older brother. As an adult he worked as a reporter for the New York Daily News, which had the largest circulation at that time in the United States. The biggest story he covered was the assassination of Dutch Shultz, a well know gangster. Woody enlisted in the Marines in 1942 during World War 2. Because of his reportorial experience, he qualified for the Combat Correspondence Unit. He became a civilian in 1945 and married his wife Shirley. Woody and Shirley had two daughters, Susan and Andrea. Woody also worked for Duane Jones Company for years, a nationally known advertising agency. Woody's philosophy in life is to be nice to people and they will be nice to you.

EMPLOYEES' DECEMBER BIRTHDAYS

John Mauritz – Dec. 1st

Lynette Mveli – Dec. 11th

Janet Rose – Dec. 21st

Lorena Sanchez – Dec. 22nd

Jay Patel – Dec. 27th

Angel Valdivia – Dec. 28th

HERITAGE COMMUNITY SERVICE COMMITTEE



From left: Betsy Hill, Carol Handelsman, Edna Feeley, Lee Passalacqua & Anita Karp

This month, the Heritage Community Service Committee conducted a non-perishable food drive for the Framingham Food Pantry. Residents and families contributed food items to donation boxes in the Heritage lobbies. On Wednesday, December 8th, activity assistants, John Mauritz and Noreen Chartrand, and five residents visited the food pantry to deliver 12 bags of groceries. In turn, Program Director, Mary Kulas gave us a brief tour and explained the mission of the pantry which currently serves over 150 clients in the Metrowest area.

This trip enabled residents to see first hand how community service benefits those in need, especially during the holiday season. It also gave everyone a wonderful feeling of satisfaction knowing that a small gesture of kindness can be a great source of comfort to others. Mary was especially appreciative of our donation because the pantry experiences a depletion of supplies after the Thanksgiving holiday. We would also like to thank Sudbury Farms for their donation of brown shopping bags used to transport our food items. In addition to personal donations of food, Heritage at Framingham donated a Target gift card to help the pantry purchase food and other supplies needed to keep the pantry running smoothly.

Over the last six or so months, the knitting club, led by Linda Lyons, has been knitting helmet liners for the troops. This month the liners were mailed to the troops in care packages with the help of a local veteran's organization.

December's community service project at Heritage is in conjunction with the United Way Tri-County for their toy collection program, "Hope for the Holidays". Please consider donating a new, unwrapped toy to our collection boxes in either the Homestead or Classic lobby. Toys will be collected on Dec. 15th and delivered to some 400 children in the Metrowest area.

In the spring, Heritage looks forward to sponsoring another food drive for the Framingham Food Pantry. Next month, the community service team will sponsor a military outreach program where residents will get to know servicemen and women on a more personal level through letter writing, photo exchanges and care packages. In February, we will sponsor a "Paper Hearts" drive in conjunction with the Cystic Fibrosis (CF) Foundation. Ninety percent of every dollar donated goes directly to CF research. Stay tuned for more information on this worthy effort.

If you have suggestions for a community service project, please see someone in the activity department or fill-out a comment card located next to the suggestion box in the lobby.

ANSWER TO THIS MONTH'S RIDDLE

Everyone in the band was born on the same day so no one could be considered the oldest or the youngest or in the middle.



WELCOME NEW EMPLOYEES

Judith Owino, Regina Sanetti & Una Smith