











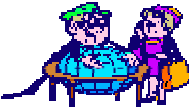










Homestead – September



2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Happenings in</u> <u>September</u> Celebrating Assisted Living week, Monday September 8th, through Friday September 12th,</p>	<p>1 9:00 Hair salon is open 9:30 Hot Coffee 10:00 Exercise 10:30 Walk & Baking Group 11:30 Lunch 12:30 Music 1:00 Kick Ball 1:30 Trivia 2:00 Snack 2:30 Group Discussion 3:00 Alphabet Game 3:30 Hymn Singing 4:30 Supper 6:00 Light and Lively 7:00 Name That Tune</p>	<p>2 9:30 Coffee Cart 10:00 Exercises 10:30 Rosary & Current Events 11:30 Lunch 1:00 Poetry Reading 1:30 Slogans 2:00 Snack 2:45 Pianist Gert Kagan  4:00 Helping Hands 4:30 Dinner 6:00 Golf Game 6:30 Bingo Game</p>	<p>3 9:30 Coffee & Tea 10:00 Rosary & Walk 11:30 Lunch 1:00 Arts and Crafts 1:30 Men's Group 2:00 Snack 2:30 Trivia 3:00 Guessing Game 3:30 Small Groups 4:30 Dinner 5:15 Discussion Group 6:00 Glamorous People 6:30 Music Video</p>	<p>4  9:30 Exercise Group 10:30 Rosary & Walk 11:30 Lunch 1:00 Reminiscence 1:30 Kick Ball 2:00 Snacks 2:30 Sing a Long 3:00 Balloon Game 3:30 Walk & Bingo 4:30 Dinner 6:00 Movie</p>	<p>5 Manicures w/ Mary 9:30 Stay Fit 10:00 Exercises 10:30 Shabbat Service & Ladies Group 11:30 Lunch 1:00 Trivia Game 1:30 Name That Tune 2:00 Snack 3:30 Sing a Long w/ Suzan  4:00 Hand Massages 4:30 Dinner 5:15 Nail Care 6:00 Movie 7:00 Beverages</p>	<p>6  9:30 Coffee Social 10:00 Exercises 10:30 Indoor Walk & Library 11:30 Lunch 1:00 Music Program 1:30 Sit & Knit 1:30 Snack 2:00 Pianist Gert Kagan 3:00 Current Events 3:30 Kick Ball Nature Walk 4:30 Dinner 6:00 Movie Time</p>
<p>7 9:30 Hot Coffee 10:00 Exercise 10:30 Walk & Sports 11:00 Lunch 1:00 Sunday Matinee 2:00 Snack 2:30 Sing Along 3:00 Bingo 3:30 Indoor Walk & Library 4:30 Dinner 6:00 Movie </p>	<p>8 Assisted Living Week 9:00 Hair Salon is Open 10:00 Bake Off 10:30 Reading Club & Indoor Walk 11:30 Lunch 12:30 Music 1:00 Cross Word 1:30 Residents enjoy A variety of baked Goodies 2:00 Music 2:30 Ice Cream Social 6:00 Entertainer Geoff Barnes Is here </p>	<p>9 Assisted Living Week 9:30 Stay Fit 10:00 Current Events 10:30 walking group 11:30 Ordering Out Chinese Food 1:00 Protestant Service 2:00 Snack 2:30 Laughter is the Best Medicine 2:45 Gert Kagan plays the piano 3:00 Dancing 4:30 Dinner 6:00 Golf Game </p>	<p>10 Assisted Living Week 9:30 Gentle Stretch 10:00 Rosary w/Ursula 10:30 Discussion Group 11:30 Lunch 1:00 Kick Ball 1:30 Arts & Crafts 2:00 Bingo Extravaganza 2:30 Cake Cutting 3:00 Music 3:30 Reading Club 4:30 Dinner 5:15 1930's Trivia 6:00 Sing Along 7:30 Movie </p>	<p>11 Assisted Living Week 9:30 Exercises 10:00 Current Events 10:30 Rosary w/ Maurice 11:30 Lunch 1:00 Kick Ball 1:30 Name That Tune 2:00 Snack 2:30 Jokes & Stories 3:00 Vacation Spots 3:30 Walking Club & Sports 4:30 Dinner 6:00 Light and Lively 6:30 Trivia Game 7:30 Listening to Music</p>	<p>12 Assisted Living Week 9:30 Coffee & Tea 10:00 Light Weight Lifting 10:30 Shabbat Service 11:30 Lunch 1:00 Current Events 1:30 Board Game 2:00 Snack & Music 2:30 Music Trivia 3:00 Vacation Spots 4:00 Helping Hands 4:30 Dinner 6:00 Manicures 6:30 Movie </p>	<p>13  9:30 Hot Coffee 10:00 Exercises 10:30 Beauty Hour 11:30 Lunch 1:00 Sports 1:30 Snack 2:00 Pianist Gert Kagan 2:30 Board Game 3:00 U.S. Trivia 3:30 Alphabet Game 4:30 Dinner 6:00 Movie &</p>

<p>14 9:30 Stay Fit 10:00 Current Events 10:30 Walk & Talk 11:30 Lunch 1:00 Matinee 2:00 Snack 2:30 Reminiscence 3:00 Discussion Group 3:30 Walking Group 4:30 Dinner 6:00 Movie</p> 	<p>15 9:00 Hair Salon 9:30 Coffee & Tea 10:00 Exercises 10:30 Walking Group & Ladies 11:30 Lunch 12:30 Music 1:00 Cross Words 1:30 Reading Club 2:00 Snack 2:30 Discussion Group 3:00 Creative Drama Group 3:30 Indoor Walk & Sports 4:30 Supper 6:00 1930's Trivia</p>	<p>16 9:30 Exercises 10:00 Beverages 10:30 Rosary & Current Events 11:30 Lunch 1:00 Poetry Reading 1:30 Slogans 2:00 Snack 2:45 Pianist Gert Kagan  4:00 Helping Hands 4:30 Dinner 6:00 Golf Game 6:30 Bingo Game</p>	<p>17 9:30 Stay Fit 10:00 Walking Group 11:30 Lunch 1:00 Arts and Crafts 1:30 Men's Group 2:00 Snack 2:30 Trivia 3:00 Guessing Game 3:30 Small Groups 4:30 Dinner 5:15 Discussion Group 6:00 Glamour & Style 6:30 Violin Music w/ Lynne Cannavan</p> 	<p>18 9:30 Stay Fit 10:00 Light and Lively 10:30 Rosary w/ Maurice 11:30 Lunch 1:00 Ladies' Group 1:30 Arts & Crafts 2:00 Snack 2:30 Word Search 3:00 Name that Tune 3:30 Walk & Sports 4:30 Dinner 6:00 Manicures 6:30 Golf Game 7:30 Movie</p>	<p>19  9:30 Morning Coffee 10:00 Gentle Stretch 10:30 Shabbat Service 11:30 Lunch 1:00 Now and Then 1:30 Kick Ball 2:00 Snack 2:30 Jokes 3:00 Music Appreciation 3:30 Dancing 4:00 Helping Hands 4:30 Dinner 5:25 Nail Care 6:00 Movie</p>	<p>20 9:30 Hot Coffee 10:00 Stay Fit 10:30 Walk & Bingo 11:30 Lunch 1:00 Music Program 1:30 Snack 2:00 Pianist Gert Kagan 3:30 Indoor Walk, Puzzles, 4:30 Dinner 6:00 Movie Tonight</p> 
<p>21 9:30 Coffee & Tea 10:00 Exercise 10:30 Walk & Sing Along Video 11:30 Lunch 1:00 Sunday Matinee 2:00 Snack Time 2:30 Sports 3:00 Gentle Stretch 3:30 Walk & Sports 4:30 Supper 6:00 Movie</p>	<p>22 9:00 Hair salon is open 9:30 Hot Coffee 10:00 Exercise 10:30 Walk & Baking Group 11:30 Lunch 12:30 Music 1:00 Kick Ball 1:30 Trivia 2:00 Snack 2:30 Group Discussion 3:00 Alphabet Game 3:30 Hymn Singing 4:30 Supper 6:00 Light and Lively 7:00 Name That Tune</p>	<p>23  9:30 Morning Coffee 10:00 Exercise 10:30 Rosary w/ Maurice 11:30 Lunch 1:00 Men's Group 1:30 Music Trivia 2:00 Snack 2:45 Gert Kagan plays the piano 3:30 Hymn Sing 4:00 Helping Hands 4:30 Dinner 6:00 Bingo Game</p>	<p>24 9:30 Coffee Cart 10:00 Rosary w/Ursula 10:30 Walk & Talk 12:30 Music & Books 1:00 Arts & Crafts 1:30 Reminiscence 2:00 Entertainer Sonja Maneri 3:00 Word Game 3:30 Sing Along 4:30 Dinner 6:00 Music Trivia</p> 	<p>25 9:30 Coffee & Tea 10:00 Exercise 10:30 Small Groups 11:30 Lunch 1:00 Balloon Game 1:30 Slogans 2:00 Snack & Music 2:30 Trivia-1st Ladies 3:00 Sing A Long 3:30 Jokes and Laughter 4:30 Dinner 6:00 Movie</p> 	<p>26 9:30 Coffee Cart 10:00 Exercise 10:30 Shabbat Service 11:30 Lunch 1:00 Word Search 1:30 Name That Tune 2:00 Snack 2:30 This and That 3:00 Word Game 4:00 Hand Massages 4:30 Dinner 5:25 Nail Care</p>	<p>27 9:30 Stay Fit 10:00 Current Events 10:30 Reading Club 11:30 Lunch 1:00 Current Events 1:30 Snack 2:00 Pianist Gert Kagan 3:30 Walking Group 4:30 Dinner 6:00 Movie 7:00 Music</p> 

<p>9:30 Hot Coffee 10:00 Exercise 10:30 Walk & Bingo 11:30 Lunch 1:00 Sunday Matinee 2:00 Snack Time 2:30 Stretch to Music 3:00 Jokes 3:30 Walk & Music 4:30 Dinner 6:00 Movie</p>	<p>29 Hair Salon is Open 9:30 Stay Fit 10:00 Exercise 10:30 Walk & Hand Massages 11:30 Lunch 1:00 Hymn Singing with Debbie 1:30 Discussion Group 2:00 Snack 2:30 Name That Tune 3:00 Reminisce 4:30 Dinner 6:00 Lawrence Welk</p>	<p>30 9:30 Beverages 10:00 Exercise 10:30 Rosary w/ Maurice 11:30 Lunch 1:00 Arts & Crafts 1:30 Singing Group 2:00 Snack 2:30 Music Trivia 2:45 Gert Kagan plays the piano 3:00 Sharing Stories 3:30 Walk & Bingo 4:30 Dinner 6:00 Reading Group</p>	<p>Bus Trips: Friday Sept 5th Sight Seeing Friday Sept 12th Out to the Wayside Inn Friday, Sept 19th Apple Picking Friday Sept 26th Barnes & Nobles & Star Bucks in Natick</p>	<p>Entertainment: Piano Music w/ Gerturde Kagan Ob Tuesdays & Saturdays Yoga on Thursdays w/ Karen Guitar Music /Geoff Barnes Monday September 8th , Guitar Music w/ Marty Sawyer Thurs, Sept, 11th Piano Music w/ Sonja Maneri Wed, Sept 17th Art Programs w/Sonja Maneri Wed, Sept 24th</p>	<p>Birthdays: Nicholas Eosco Septeber 19th , Phyllis Mechaber September 23rd Happy Birthday to you </p>	<p>Back to School:</p>
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