



# Homestead – March 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>  9:30 Stay Fit 10:00 Mass on TV 10:30 Walk & Sports 11:00 Lunch 1:00 Sunday Matinee 1:30 Matinee Continues 2:00 Snack 2:30 Small Groups 3:00 Bingo 3:30 Sports 4:30 Dinner 6:00 Movie	<b>2</b> 9:00 Hair Salon is Open 9:30 Stay Fit/Thelma 10:00 Exercise group 10:30 Reading Club 11:30 Lunch 12:30 Music 12:30 Indoor Walking 1:00 Cross Word Puzzles 1:30 Trivia 2:00 Snack 2:30 Barbara Yarkins 3:00 News Currents Day Discussion 3:30 Hymn Sing 4:30 Dinner 6:00 Movie Tonight	<b>3</b>  9:30 Stay Fit 10:00 Gentle Stretch 10:20 Table Top Gardening 10:30 Skin Care 11:30 Lunch 1:00 Protestant Service 2:00 Snack 2:30 Laughter is the Best Medicine 2:45 Gert Kagan plays the piano 6:00 Trivia with Linda 6:30 Movie 6:30 Movie Continues	<b>4</b> 9:30 Morning Meeting 10:20 Men's Group/Dee 10:30 Discussion Group 11:30 Lunch 1:00 Music Trivia 1:30 Arts & Crafts 2:00 Snack 2:30 Trivia 3:00 This & That 3:30 Men's Group 4:30 Dinner 6:00 Mystery Box 7:30 Movie 	<b>5</b> 9:30 Exercises/Lynn 10:15 Men's Group 10:30 Rosary w/ Maurice 11:30 Lunch 1:00 Kick Ball 1:30 Name That Tune 2:00 Snack 2:30 Jokes & Stories 3:00 Vacation Spots 3:30 Rosary w/Linda 4:30 Dinner 6:00 Light and Lively 6:30 Music Program 7:30 Listening to Music	<b>6 Manicures</b> 9:30 Coffee & Tea 10:00 Light Weight Lifting 10:15 Shabbat Service Cantor Jeff Stock 10:30 Yoga/ with Ann 11:30 Lunch 1:00 Current Events 1:30 Ladies Group 2:00 Snack & Music 2:30 Music Trivia 3:00 Small Groups 4:00 Helping Hands 4:30 Dinner 6:00 Manicures 	<b>7</b> 9:30 Exercises 10:00 News Currents 10:30 Small groups 11:30 Men's Club Lunch in the Berkshires Room 1:00 Word Game 1:30 Sports 2:00 Snack 2:30 Board Game 2:30 Gertrude Plays the Piano 3:00 U.S. Trivia 3:30 Walking Group 4:30 Dinner 6:00 Movie &
<b>8</b> 9:30 Stay Fit 10:00 Mass on TV 10:30 Walk & Talk 11:30 Lunch 1:00 Matinee 2:00 Matinee Snack 2:30 Reminiscence 3:00 Discussion Group 3:30 Walk & Stretch 4:30 Dinner 6:00 Movie 	<b>9</b> 9:00 Hair Salon 9:30 Dancing / Thelma 10:00 Beverages 10:30 Ladies Group 11:30 Lunch 12:30 Music 1:00 Cross Words 1:30 Reading Club 2:00 Snack 2:30 Marty Sawyer 3:00 Laughter is the Best Medicine 3:30 Indoor Walk 4:30 Supper 6:00 Music Program 	<b>10</b>  9:30 Dancing/Thelma 10:00 Exercises 10:30 Cooking Group/ 10:30 Nail Care 11:30 Lunch 1:00 Poetry Reading 1:30 Slogans 2:00 Snack 2:45 Pianist Gert Kagan 4:00 Helping Hands 4:30 Dinner 6:00 Trivia /Linda 6:30 Movie	<b>11</b>  9:30 Stay Fit w/Thelma 10:00 Men's Group/Dee 11:30 Lunch 1:00 Arts and Crafts Making Shamrocks 1:30 Men's Group 2:00 Snack 2:30 Trivia 3:00 Guessing Game 3:30 Word Game 4:30 Dinner 6:00 Sing 6:30 Music Trivia 6:30 Movie	<b>12</b> 9:30 Exercise Group 10:00 Light and Lively 10:15 Men's Group 11:30 Lunch 1:00 Ladies' Group 1:30 Arts & Crafts 2:00 Snack 2:30 Word Search 3:00 Biographies 3:30 Rosary w/ Linda 4:30 Dinner 6:00 Manicures 6:30 Bingo Night 	<b>13</b>  9:30 Stay Fit 10:00 Gentle Stretch 10:30 Sports & Shabbat Service 11:30 Lunch 1:00 Now and Then 1:30 Word Search 2:00 Snack 2:30 Jokes 3:00 Small Groups 3:30 Dancing 4:00 Helping Hands 4:30 Dinner 6:00 Movie	<b>14</b> 9:30 Stay Fit 10:30 Cutting Out Coupons 11:30 Lunch Men's Club Lunch in the Berkshires Room 1:00 Music Program 1:30 Discussion Group - Ireland 2:00 Snack 2:30 Piano Music w/ Gertrude 3:00 Irish Music 3:30 Walking Group 4:30 Dinner 6:00 Movie Tonight
<b>15 Day Light Savings</b>  9:30 Stay Fit 10:00 Mass on TV 10:30 Music Trivia 11:30 Lunch 1:00 Sunday Matinee 2:00 Snack Time 2:00 Purim Baskets Nicky Azof Multipurpose Room 3:00 Gentle Stretch 3:30 Walk & Sports 4:30 Supper 6:00 Movie	<b>16</b> 9:00 Music DVD 9:30 Stay Fit 10:00 Exercise 10:30 Sports 11:30 Lunch 12:30 Reading Club 1:00 Kick Ball 1:30 Trivia 2:00 Snack 2:30 Rosary w/Lynn 2:30 Group Discussion 3:00 Alphabet Game 4:30 Supper 5:30 7:00 Sing Along	<b>17 St. Patrick's Day</b>  9:30 Dancing/Thelma 10:00 Exercise 10:30 Beautiful You 11:30 Lunch 1:00 Men's Group 1:30 Music Trivia 2:00 Snack 2:45 Gert Kagan plays the piano 4:00 Helping Hands 4:30 Dinner 6:30 Movie	<b>18</b>  9:30 Dancing/Thelma 10:00 Men's Group/Dee 10:30 Walk & Talk 12:30 Music & Books 1:30 Arts & Crafts 1:30 Reminiscence 2:00 Entertainer Sonja Maneri 3:00 Word Game 3:30 Sing Along 4:30 Dinner 6:00 Name That Tune	<b>19</b> 9:30 Stay Fit 10:00 Exercise 10:30 Sing Along 11:30 Lunch 12:30 Indoor Walking 1:00 Balloon Game 1:30 Slogans 2:00 Snack & Music 2:30 Biographies 3:00 Sing A Long 3:30 Rosary w/ Linda 4:30 Dinner 6:00 Movie 	<b>20 First Day Of Spring</b>  10:15 Shabbat Service 10:30 Yoga/ Ann 10:30 Shabbat Service 11:30 Lunch 11:00 Chef Ron Is in Homestead Making Grilled Quesadillas 1:00 Word Search 1:30 Name That Tune 2:00 Snack 2:30 This and That 4:00 Hand Massages 6:00 Movie & Popcorn	<b>21</b> 9:30 Exercises 10:00 News Currents 10:30 Beauty Hour 11:30 Lunch 12:30 Indoor Walking 1:00 Discussion 1:30 Trivia 2:00 Snack 2:30 Gertrude Plays the Piano 3:00 Board Game 3:30 Walking Group 4:30 Dinner 7:00 Music
<b>22</b> 9:30 Current Events 10:00 Mass on TV 10:30 Walk & Bingo 11:30 Lunch 1:00 Sunday Matinee 2:00 Snack Time 2:30 Stretch to Music 3:00 Jokes 3:30 Walk & Music 4:30 Dinner 6:00 Movie 	<b>23</b> Hair Salon is Open 9:30 Current Events 10:00 Exercises 10:30 Skin Care 11:30 Lunch 12:30 Indoor Walking 1:00 Hymn Singing 1:30 Discussion Group 2:00 Snack 2:30 Name That Tune 3:00 Reminiscence 3:30 Famous People 4:30 Dinner 6:00 Interesting Facts	<b>24</b> 9:30 Dancing/Thelma 10:00 Exercise 10:30 Nail Care 11:30 Lunch 1:00 Arts & Crafts 1:30 Singing Group 2:00 Snack 2:30 Music Trivia 2:45 Gert Kagan plays the piano 3:00 Sharing Stories 3:30 Bingo 4:30 Dinner 6:00 Reading Group	<b>25</b> 9:30 Dancing 10:20 Men's Group 11:30 Lunch 1:00 Music Trivia 1:30 Arts & Crafts 2:00 Snack 2:00 Artist Sonja Maneri is here 2:30 Trivia 3:00 This & That 3:30 Men's Group 4:30 Dinner 6:00 Mystery Box 7:30 Movie	<b>26</b> 9:30 Exercises 10:00 Light & Lively 10:30 Target Toss 11:30 Lunch 12:30 Indoor Walking 1:00 Kick Ball 1:30 Name That Tune 2:00 Snack 2:30 Jokes & Stories 3:00 Vacation Spots 3:30 Rosary w/ Linda 4:30 Dinner 6:00 Light and Lively 6:30 Trivia Game 7:30 Listening to Music	<b>27 Manicures</b>  9:30 Stay Fit 10:00 Light Weight Lifting 10:30 Shabbat Service 11:30 Lunch 11:45 Manicures/Mary 1:00 Current Events 1:30 Ladies Group 2:00 Snack & Music 2:30 Music Trivia 3:00 Sing Along 4:00 Helping Hands 4:30 Dinner 6:00 Manicures	<b>28</b> 9:30 Exercises 10:00 News Currents 10:30 Walk 11:30 Lunch Men's Club Lunch in the Berkshires Room 1:00 Music Program 1:30 Discussion Group - Ireland 2:00 Snack 2:30 Gertrude Plays the Piano 3:30 Indoor Walk, 4:30 Dinner 6:00 Movie Tonight
<b>29</b> 9:30 Stay Fit 10:00 Mass on TV 10:30 Beauty Hour 11:00 Lunch 1:00 Sunday Matinee 1:30 Matinee Continues 2:00 Snack 2:30 Stretch to Music 3:00 Bingo 3:30 Indoor Walk & Library 4:30 Dinner 6:00 Movie	<b>30</b>  9:00 Hair Salon 9:30 Stay Fit 10:00 Exercise group 10:30 Sports 11:30 Lunch 12:30 Music 1:00 Word Search 1:30 Trivia 2:00 Snack 2:30 Rosary w/Lynn 3:00 Small Groups 3:30 Sing Along 4:30 Dinner 6:00 Favorite Past Times	<b>31</b>  9:30 Dancing/Thelma 10:20 Men's Group/Dee 10:30 Beautiful You 11:30 Lunch 1:00 Trivia Game 2:00 Snack 2:30 Laughter is the Best Medicine 2:45 Gert Kagan plays the piano 3:00 Rosary /Morris F 6:00 Golf Game 6:30 Movie	<b>March Birthdays:</b> Mildred Carlson 3/18 Norma Flynn 3/29 Eleanor Gilbert 3/31 	<b>Happy St. Patrick's Day</b>	<b>Men's Club</b> The Men's Club Gets together Monday through Thursday at 10:30 am And every other Saturday for lunch in the Berkshires room	