



Homestead October 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Halloween</p> 				<p>October Trips: Friday, Oct 1st: 2:15 pm Foliage Sight Seeing and Pumpkin Coffee Saturday, Oct 2nd: out to Breakfast at Jake's in Marlboro at 8:30 Am Saturday, Oct 16th, Sudbury River Cruise At 10:00 Am Friday, Oct 22nd Out for Lunch to Pizza Hut in Natick at 11:00 am Friday, Oct 29th, out to Lunch to Eo Noodle at 11:00 Am</p>	<p>1 National Women's Week 8:30 Bird Feeding 9:00 Comedy DVD 9:30 Chair Zumba 10:00 Beauty Hour 10:30 Small Groups 12:15 Discussion Group 1:00 Word Games 1:30 Alphabet Game 2:00 Snack 2:30 Shabbat Service 3:00 Sing Along /Susan 5:15 Easy Listening 5:45 Biography 6:15 Sing Along 6:45 Movie</p>	 <p>2 9:00 Comedy DVD 9:30 Discussion Group 10:00 Stay Fit 10:30 Small Groups 12:15 Music & Books 1:00 Discussion Group 1:30 Nail Care 2:00 Snack 2:30 Piano Music With Gertrude kagan 3:30 Trivia Game 5:15 Easy Listening 6:00 Bingo Night 6:30 Movie</p>
<p>3 Special breakfast /Eileen 9:00 Mass on TV 9:30 Jokes & laughter 10:00 Exercise 10:30 Small Groups 11:30 Lunch 12:15 Karaoke Sing along 1:00 Sunday Matinee 2:00 Snack 2:30 Word Game 3:00 Music Trivia 3:30 Sports 4:30 Dinner 5:15 The Alphabet Game 6:00 Famous People 6:30 Movie</p>	<p>4 Hair Salon is Open 9:00 Karaoke Sing Along 9:30 Jokes & Laughter 10:00 Stay Fit 10:30 Indoor Walk or 11:30 Lunch 12:30 Reading Club 1:00 Name That Tune 1:30 Arts & Crafts 2:00 Snack 2:30 Discussion Group 3:00 Crosswords 3:30 Walk or Sports 4:30 Dinner 6:00 Guitar Music with Marty Sawyer</p>	<p>5 9:30 News Currents 10:00 Dancing 10:30 News Currents 11:30 Lunch 12:30 Sing Along /Susan 1:00 Music Continues 1:30 Protestant Service 2:00 Snack 2:45 Gertrude Kagan Plays the piano 3:00 Biographies 3:45 Rosary/Maurice 5:15 The Movie Makers 6:00 Discussion Group 6:30 Turkey Trivia</p>	<p>6 Ethnic Heritage Month 9:30 Jokes & Laughter 10:00 Chair Exercises 10:30 Nail Care 11:30 Lunch 12:15 Table Top Gardening 12:4 And Magazines 1:00 Poetry Hour 1:30 Sports 2:00 Snack 2:30 Discussion Group 4:30 Dinner 6:00 Trivia Game 6:30 Movie</p>	<p>7 8:30 Men's Outing 9:30 Tea and Discussion 10:00 Stay Fit 10:15 Communion/Rose 10:30 Art Appreciation With Lynn 11:30 Lunch 12:15 Easy Listening 1:00 Discussion Group 1:30 Nail Care 2:00 Snack 2:30 Chair Zumba 3:00 Nail Care/ 3:30 Rosary w/Maurice 6:00 The Golden Girls DVD</p>	<p>8 9:30 Chair Zumba 10:00 Beverages 10:30 Shabbat Service 10:45 Manicures/Mary 12:30 Reading Club 12:30 Bus Trip 1:00 Reminiscing 1:30 Discussion Group 2:00 Snack 2:30 Sing Along 3:00 Current Events 3:30 Indoor Walking 4:30 Dinner 5:15 Karaoke Sing Along 6:00 Movie</p>	 <p>9 9:30 Jokes & Laughter 10:00 Exercises 10:00 Baking w/Eileen 10:30 Walk or Sports 12:15 Reading Club 1:00 Trivia Game 2:00 Snack 2:30 Pianist Gertrude is here 3:30 Indoor Walk 4:30 Dinner 5:15 Music Trivia 6:00 Bingo Game 6:30 Movie</p>
<p>10 8:30 Bird Feeding 9:00 Mass on TV 9:30 Dancing 10:00 Walking Group 10:30 Beauty Hour 11:30 Lunch 1:00 Sunday Matinee 2:00 Matinee Continues Followed by Snack 2:30 Trivia 3:00 Stretch 3:30 Walk or Sports 4:30 Dinner 6:00 Movie</p>	<p>11 Hair Salon is Open 9:30 Jokes & Laughter 10:00 Dancing 10:30 Right/left/center 11:30 Lunch 12:15 Easy Listening 1:00 Sharing Stories 1:30 Old Tunes 2:00 Snack 2:30 Discussion Group 3:00 Board Game 3:30 Walk or Kick Ball 4:30 Dinner 5:15 Word Game 6:00 Movie</p>	<p>12 9:30 News Currents 10:00 Exercise 10:30 News Currents 11:30 Lunch 1:00 Word Game 1:30 Sports 2:00 Snack 2:45 Gertrude Kagan Plays the piano 3:00 Biographies 3:45 Rosary/Maurice 4:30 Dinner 5:15 The Movie Makers 6:00 Discussion Group 6:30 Halloween Trivia</p>	 <p>13 Remembering (Christopher Columbus) 9:30 Christopher Columbus Discussion 10:00 Men's Group 10:30 Walking Group 12:15 Table Top Gardening 1:00 History Discussion 1:30 Manicures 2:30 Patriotic Sing Along 3:00 Right Left Center 3:30 Walk or Bingo 5:15 Music Trivia 6:00 Movie</p>	<p>14 9:30 News Currents 10:00 Stay Fit 10:30 Protestant Service 11:30 Lunch 12:15 Easy Listening 1:00 The Movie Makers 1:30 Nail Care 2:00 Snack 2:30 Chair Zumba 3:00 Word 3:30 Table Top Gardening/Linda 3:30 Rosary w/Maurice 4:30 Dinner 6:00 Bouzuki Music With Yani Mitarras</p>	 <p>15 9:30 Dancing 10:00 Exercise 10:30 Shabbat Service 11:30 Lunch 12:30 Music & Magazines 1:00 Word Game 1:30 Word Search 2:00 Snack 2:30 Sing Along with Susan Cleveland 3:00 Music Trivia 3:30 Trivia Game 4:30 Dinner 6:00 Movie</p>	<p>16 9:30 Poetry Hour 10:00 Exercise 10:30 Walk or Trivia 1:00 Matinee 2:00 Snack 2:30 Pianist Gertrude Kagan is here 3:30 Sports 4:30 Dinner 5:15 Discussion Group 6:00 Nail Care 6:30 Movie</p> 
<p>17 Special breakfast /Eileen 9:00 Mass on TV 9:30 Current Events 10:00 Exercise 10:30 Bowling Game 11:30 Lunch 1:00 Sunday Matinee 2:00 Snack 2:30 Stretch to music 3:00 Sing Along Video 3:30 Walking Club 4:30 Dinner 5:15 Music Trivia 6:00 Musical DVD 6:30 Movie</p>	<p>18 Hair Salon is Open 9:30 Apple Cider & Jokes 10:00 Stay Fit 10:30 Facials 11:30 Lunch 1:00 Discussion Group 1:30 Reminiscing 2:00 Snack 2:30 Chair Zumba 3:00 Music Program 3:30 Nail Care 4:30 Dinner 5:15 Board Game 6:00 Music Trivia 6:30 Movie</p>	<p>19 9:30 Stay Fit 10:00 Current Events 10:00 Men's Group 10:30 News Currents 11:30 Lunch 1:00 Arts & Crafts 1:30 Name that Tune 2:00 Snack 2:45 Gertrude Kagan plays the piano 3:45 Rosary/Maurice 4:30 Dinner 5:15 Word Game 6:00 Read Halloween Trivia</p>	<p>20 Dessert Month Tasting Pumpkin dessert 9:30 Dancing Time 10:00 Men's Group 10:30 Walk or Trivia 12:15 Table Top Gardening 1:00 Poetry Hour 1:30 Music Program 2:00 Art Program/Sonja 2:30 Nail Care & Music 3:00 Slogans 3:30 Indoor Walking 5:15 Music Trivia 6:00 Name that Tune 6:30 Movie</p>	<p>21 9:30 Music DVD 9:45 Stay Fit 10:00 Intergenerational Program with Dan *** 12:15 Relaxation 1:00 Discussion Group 1:30 Current Events 2:00 Snack 2:30 Chair Zumba 3:00 Sing Along 3:30 Rosary w/Maurice 4:30 Dinner 6:00 Musical 6:30 Movie</p>	 <p>22 9:30 Jokes & Laughter 10:00 Exercises 10:00 Shabbat with Jeff 11:30 Lunch 12:15 Karaoke 1:00 Alphabet Game 1:30 Famous People 2:00 Snack 2:30 States Trivia 3:00 Sing Along 3:30 Walk or Sports 4:30 Dinner 6:00 Movie</p>	 <p>23 9:30 Exercise Group 10:00 Jokes & Laughter 10:30 Walk or Trivia 11:30 Lunch 1:00 Real Facts 2:00 Snack 2:30 Pianist Gertrude Kagan is here 3:30 Outdoor Walk 4:30 Supper 6:00 1930's Trivia 6:30 Movie</p>
<p>24 Mass on Tv 9:30 Jokes & Laughter 10:00 Stay Fit 10:30 Walk & Talk 11:30 Lunch 12:30 Easy Listening 1:00 Sunday Matinee 2:00 Snack Time 2:30 Jokes & Stories 3:00 Music Trivia 3:30 Walk or Bingo 4:30 Supper 5:15 Sing Along/Eileen 6:00 Movie</p>	<p>25 Hair Salon is Open 9:30 Jokes & Laughter 10:00 Exercise 10:30 right/left/center 11:30 Lunch Time 1:00 Sports 1:30 Discussion Group 2:00 Snack 2:30 Chair Zumba 3:00 Kick Ball 3:30 Walk or Sports 4:30 Dinner 6:00 Sports</p>	<p>26 9:30 Jokes & Laughter 10:00 Stay Fit 10:30 News Currents 11:30 Lunch 1:00 Arts & Crafts 1:30 Reminiscing 2:00 Snack 2:45 Gertrude Kagan plays the Piano 3:45 Rosary/Maurice 4:30 Dinner 6:00 Board Game</p> 	<p>27 Halloween Theme 9:30 Jokes & Laughter 10:00 Men's Group 10:15 Art Matters *** 1:00 Poetry Hour 1:30 Reminiscing 2:00 Sonja Maneri Plays the Piano 3:00 Laughter is the Best Medicine 3:30 Indoor Walking 4:30 Dinner 5:15 Trivia Game 5:30 Entertainer Marty Sawyer 6:30 Movie</p>	<p>28 9:30 Tea & conversation 10:00 Stay Fit 10:30 Protestant Service 11:30 Lunch 1:00 Trivia 1:30 Nail Care 2:00 Snack 2:30 Chair Zumba 3:00 Word Search 3:30 Music Trivia 3:30 Rosary w/Maurice 4:30 Dinner 5:15 Nail Care 6:00 Movie</p>	<p>29 9:30 Gentle Stretch 10:00 News Currents 10:30 Shabbat Service 11:30 Lunch 1:00 Trivia Game 1:30 Discussion Group 2:00 Snack 2:30 Sing Along 3:00 Current Events 3:30 Walk or Talk 4:30 Dinner 6:00 1940's Trivia 6:30 Movie</p>	<p>30 9:00 Jokes & Laughter 9:30 Exercises 10:00 Beverages 10:30 Indoor Walk 11:30 Lunch 1:00 Discussion Group 2:00 Snack 2:30 Pianist Gertrude Kagan is here 3:30 Walk or Bingo 4:30 Dinner 6:00 Trivia Game 6:30 Movie</p> 
<p>31 Happy Halloween Special breakfast /Eileen Exercises Small Groups Lunch Easy Listening Matinee Snack Trivia Sing Along</p>	<p>New Program Chair Zumba with Lynn & Thelma Up beat dancing music from around the world</p>	   				