



H.O.M.E.

“Heritage Offers Many Experiences”

SEPTEMBER 2011 Newsletter

**NATIONAL ASSISTED LIVING
WEEK SEPTEMBER 12TH – 16TH**

**THE LONG AND WINDING ROAD LED ME TO
YOUR DOOR**

**By Hildy Sheinman Fischer
Daughter of Joe and Sylvia Sheinman**

It was 5 o'clock on a January night. Dusk was rapidly falling. Landmarks were becoming less visible. We were attempting to find a doctor's office. I continued to drive with my Mom as a navigator trying desperately to follow the explicit directions that had been given to us. There was only one problem, we made a wrong turn and did not know where on earth I was going! Suddenly there it was! We had found the doctor's office building! I was elated and was I ever relieved! Our dry run was a success! Now I was confident that my Mom would be on time for her scheduled appointment the next day. But, while driving, we both realized, much to our chagrin, we were once again lost. Our sense of accomplishment and self confidence had been short-lived. We had been so intent on following the landmarks on the right that we had missed our turn on the left. The only thing we could now do was turn around at the first available street. I put on the headlights, and we drove through what looked like a never- ending forest, with still no place to turn. It was getting darker. We drove through the forest, to the first traffic light and turned right. Now, all we needed was to find a driveway, which we could use to turn around. We saw a driveway on the left, next to a large sign that said "HERITAGE." We drove further into the driveway and saw the outline of a large plantation style house.

(continued on page 2)

HOMESTEAD HAPPENINGS **CELEBRATING AUGUST BIRTHDAYS**



Claire Halfrey & Thelma Diaz



Betty Denham & Dorothy Hummel

Reminder, Our **Monthly Homestead Family Meetings** will be continuing. This month's meeting is scheduled for Thursday, September 8th from 6 to 7 p.m., in the Classic Building conference room. I will plan to continue these meetings on a monthly basis and would welcome any suggestions for discussion topics.

Please let me know, by return e- mail, if you are able to attend, or RSVP to the receptionist at the front desk at 508-665-5300.

Judy Sabol, Homestead Program Director

THE LONG AND WINDING ROAD LED ME TO YOUR DOOR

(continued from page 1)

We thought we had discovered a beautiful restaurant. We peeked in and saw what appeared to be a dining room on one side and a sitting room with a piano on the other.

Renewed by our “short break” we, with a new burst of energy, went on our way, even more determined to return to our original destination. When we finally arrive there, my Mom and I promised each other not to mention a word of our adventure to anyone for fear of being laughed at. We never would or so we thought. Then, three months later, each of my siblings called me in California with exciting news. They had found the perfect new home for my Mom and Dad. Was I surprised and pleased to learn that the same charming “restaurant” that we had discovered while we were lost had become a treasure found.

It is now five months later and my Mom and Dad have happily become members of the “Heritage Family.”

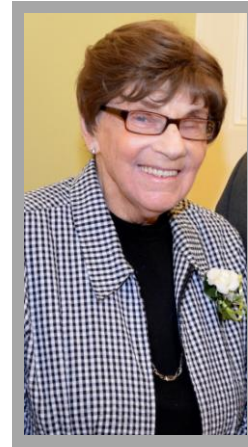
BAKE SHOP WITH KRISTIN & GABIE



From left, Ruth Silverman, Gabie Budoff, Claire Goldblatt, Kristin Ramsey, Theresa Gottfried & Betty Brennan

On Monday, August 22nd, residents participated in a baking program with new activity assistants, Kristin & Gabie. They baked almost 4 dozen cupcakes and decorated them. If you enjoy baking or just want to watch, please come to the Country Kitchen and be a part of the fun. If you have a recipe or favorite treat you'd like the baking group to make, please let us know. Look for more regular morning baking programs with Kristin & Gabie in the near future.

RESIDENT OF THE MONTH



Marcia Gilman

Marcia was born and raised in Boston. She was the second child and had one brother and two sisters. The family resided in Dorchester and Brookline.

The idea for Marcia and her future husband, Bert, to meet had originated with their mothers. Marcia's mother told Bert's mother that her daughter was beautiful, so Bert set out to meet Marcia and was waiting for her when she got out of work. Bert and Marcia eventually married and had two daughters.

Bert and Marcia owned and operated The Stock Pot Restaurant in Harvard Square for fifteen years. They served delicious soups and salads. Marcia says the restaurant was the best time of her life. Among the famous people they served were pop singer Cher and the renowned lawyer, Alan Dershowitz.

Bert and Marcia raised their girls in Needham.

Marcia has three grandchildren and two great grandchildren.

When asked about Heritage, Marcia replies “I love Heritage, especially the aides because they are the best. I love each and every one of them.” She emphatically states that she feels very safe here and that is a great comfort to her. She also likes the food and the trips.

Marcia is a social person with a great sense of humor. You can find her walking around and talking to everyone. It's a great pleasure to have her as part of our Heritage family.

**OUT FOR LUNCH BUNCH VISITS MEL'S
COMMONWEALTH CAFE**



**From left, Freda Lindblom, Norma McGinnis
& Ethel Fieger**



**From left, Rose Mesite, Carol Handelsman &
Irma Isaacson**

On Wednesday, August 24th, the Lunch Bunch visited the popular Wayland restaurant for their monthly luncheon trip.. A full bus of Heritage residents enjoyed delicious meals at this bustling, family owned establishment. Although the trip was for lunch, many residents opted for one of Mel's popular breakfast selections. The Lunch Bunch visits an area restaurant one or two times a month. If you have a recommendation, please let us know. Upcoming visits include Chez Siam for Thai Food and Legal Seafood on Route 9 in Natick.

SEPTEMBER RESIDENTS' BIRTHDAYS



Happy Birthday to:

- Rita Keenan – September 11th
- Laurence Shapiro – September 15th
- Doreen James – September 29th

BASEBALL LUNCH BUNCH



Joe & Sylvia Sheinman

On Wednesday, August 24th, the Baseball Lunch Bunch gathered once again for good food, lively conversation and an exciting daytime Red Sox game on the big screen in the Peloquin Room. This month we hosted one of the largest groups ever and the room was filled with staff and residents sporting their favorite baseball team shirts and colors. The next luncheon is Wednesday, September 14th when the Red Sox play Toronto in an afternoon game at Fenway Park. That day we also celebrate "Proud of Our Sports Day", which is one of 5 themed days during that week as we celebrate National Assisted Living Week from September 12th through the 16th.

RIDDLE OF THE MONTH

Throw me off the highest building, and I'll not break. But put me in the ocean, and I will. What am I? (Answer on Page 4)

SEPTEMBER EMPLOYEE BIRTHDAYS



Happy Birthday!

- Tyler Burns – September 13th
- Judy Sabol – September 20th
- Maureen Lanzoni – September 27th
- Sonia Ozuna – September 27th
- Virginia Taku – September 28th

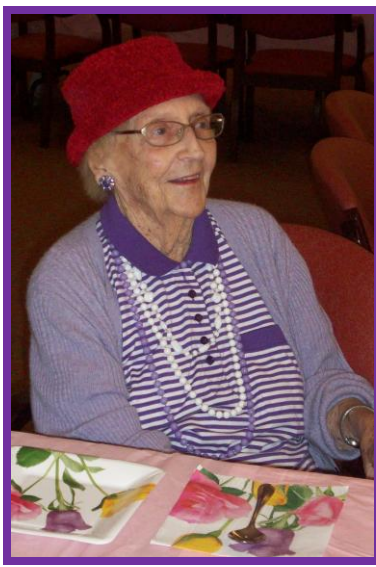
RED HAT TEA PARTY



Sylvia Sheinman (left) & Elizabeth Burns



Irma Isaacson



Minnie McCann

RED HAT TEA PARTY

On Monday, August 8th, Heritage at Framingham invited ladies from the assisted living community Draper Atria Draper Place, located in Hopedale, MA, to a Red Hat Tea Party. Over 30 ladies, including Classic and Homestead residents, donned their lovely red hats and enjoyed refreshments, entertainment and conversation. On September 26th, Draper Place will host the next Red Hat Tea Party, and in October, the ladies will travel to another community in the Metrowest area.

ANSWER TO THIS MONTH'S RIDDLE

A Wave

SAVE THE DATES

- Sept. 14th The Singing State Trooper
7 to 8 PM (Seating is limited so please bring your own chair)
- Sept. 15th New Sound Assembly
Barbershop Group – 7 PM

AUGUST BIRTHDAY CELEBRATION



From left, Ted Paxson, John Devlin, Joe Sheinman & John Mauritz

WELCOME NEW EMPLOYEES

- Meghan Ballard – RCA
- Gabriell Budoff – Activities
- Tamar Mano – Waitstaff
- Hellen Nakyajja – RCA
- Kristin Ramsey – Activities
- Kristine Reed – RCA