



Heritage at Framingham Classic - Activity Calendar June, 2011



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Questions or suggestions for activities? Suggestion box in lobby or contact: Lynne Canavan, Activity Director; lcavanan@heritageassistedliving.com; 508-665-5307</p> <p>Calendar Information subject to change. See Daily Activity Sheets for the up-to-date schedule.</p> <p>Join our e-mail blast mailing list. Send your email address to Lynne if you'd like to be notified of special events via email.</p> <p>We're on the web. Visit www.heritageassistedliving.com to view the calendar on-line.</p>			<p>Wellness Clinic 9:00 News Headline Discussion 9:35 Exercise 10:35 Wheel of Fortune 2:00 Eastleigh Farms Ice Cream Trip 3:30 Music Appreciation 6:30 Bingo 8:00 Bruins Hockey!</p>	<p>8:30 Mass at St. Georges' Church 9:45 Communion 10:00 Bake Shop 10:45 Exercise! 1:35 Karaoke with Thelma & Dee 2:30 Afternoon Social 3:00 Picture, Picture with John 3:30 Patio Gardening</p>	<p>9:00 Manicures 10:45 Exercise 1:30 Bridge Group 2:00 Potter Road School Chorus Concert 2:45 Graduation and Thank You party for volunteer, Daniel Richman 3:30 Entertainment with Al Gould 4:00 Shabbat</p>	<p>9:00 Coffee, paper & crosswords.  10:00 Horticultural Happenings – bringing the Inside – Out! with Noreen 10:45 Exercise 2:00 Movie Matinee 8:00 Bruins Hockey</p>
<p>9:00 Coffee Social Sunday Paper 10:45 Exercise  2:00 Student Piano Recital 3:15 Wine & Cheese Social with Noreen 6:30 I Love Lucy</p>	<p> 9:00 Dr. John the Podiatrist is Here! 10:45 Exercise Class 2:00 Afternoon Matinee with Fresh Popped Popcorn 2:00 NewsCurrents 3:00 Wii Bowling 6:30 Seinfeld 8:00 Bruins Hockey!</p>	<p>9:00 Headline News Discussion 10:45 Exercise  1:45 CVS Shopping 2:30 Shopping Sudbury Farms 3:30 Sing-A-Long 6:30 Evening Movie 6:30 Bingo w/Dee</p>	<p>8:30 Mass trip 9:30 Exercise 10:15 Resident's Council Meeting  1:45 Reading Program with Hemenway Elementary School 2:30 Patio Gardening 3:30 Left, Center Right Dice Game 6:30 Bingo 8:00 Bruins Hockey!</p>	<p>9:30 Bible Study with Rev. Chris 9:45 Rosary 10:45 Exercise  2:30 Entertainment with Lisa Manning and her Puppets 5:15 Puppy Time in the Lobby, Woof! 6:30 Evening Movie</p>	<p>9:00 Coffee Social 10:45 Exercise 1:30 Bridge Group  2:00 Afternoon Movie & Popcorn 4:00 Shabbat 6:30 Evening Movie 8:00 Bruins Hockey</p>	<p>Family BBQ Luau-Style!  10:45 Exercise Noon - 2:00 pm Rain or Shine Heritage Family BBQ 6:35 143rd Running of the Belmont Stakes 6:45 Bingo PLUS</p>
<p>9:00 Sunday paper, coffee klatch 9:00 Crosswords  10:45 Exercise Class 2:00 Judy's Trivia & Funny Stories with Dee 3:15 Afternoon Bingo 6:30 I Love Lucy</p>	<p>8:30 Walking Group 10:15 Coffee Klatch Social w/Lynne 10:45 Movement is Medicine – Come to Exercise class! 2:15 Hemenway Raffle Baskets Winner Selection Day! 2:30 Harpist/Vocalist Skye Hurlburt entertains! 3:00 Wii Bowling 6:30 Seinfeld</p>	<p>8:00 Walking Group 9:00 Headline News Discussion Group 10:45 Exercise 12:00 Men's Lunch 1:45 CVS shopping 2:30 Sudbury Farms 3:30 Spelling Bee 6:30 Nobscot's Fascinating History and the Door to Tomorrow/Special Presentation 6:30 Bingo w/Dee</p>	<p>Wellness Clinic 8:30 Mass trip 9:15 Exercise 10:00 Wii Bowling Tournament  1:45 Dollar Store Shopping Trip 2:00 Afternoon Movie and fresh popcorn 7:00 New Horizon's Community Band Concert</p>	<p>9:30 Bake Shop 9:45 Communion 10:15 Charades 10:45 Exercise 1:45 Daytime Bingo 2:45 Rootbeer Floats 3:30 Wii Bowling  6:30 Evening Movie</p>	<p> 9:00 Manicures 10:45 Exercise 12:00 June Birthday Luncheon 1:30 Bridge Group 2:00 100th Birthday Party for Ruth Livingston 2:30 Music with Gert & ViLynne 4:00 Shabbat</p>	<p>8:00 Indoor Walking 10:00 Birds & Blooms on Patio with Noreen 10:45 Exercise  2:30 Smoothies on the Patio 6:30 Evening DVD</p>
<p>Happy Father's Day!  9:00 Sunday paper, coffee, crosswords 10:45 Exercise 2:30 Special Entertainment with vocalist, Les Burch</p>	<p>10:15 Coffee Social with Lynne 10:45 Exercise 2:30 Afternoon Sing-A-Long & Snack 3:00 Wii Bowling  6:00 1 hour performance by Classical Pianist, Adam Bergeron</p>	<p>First Day of Summer 9:45 Wheel of Fortune with John 10:45 Exercise 1:45 CVS 2:00 Afternoon Movie on big screen 2:30 Sudbury Farms 3:30 Word Power Vocabulary Exercise 6:30 Bingo</p>	<p>8:30 Mass trip 9:00 Early Exercise  12:30 Baseball Lunch Bunch 1:35 Red Sox vs. San Diego at Fenway Park 3:30 Wii Bowling 6:30 Bingo</p>	<p>8:30 Walking Group 10:00 Bake Shop 9:45 Rosary 10:45 Exercise 11:30 Out for Lunch Bunch - Fireflys 2:30 Music Appreciation 3:45 Ladder Golf 6:30 Evening Movie in Game Room</p>	<p> 10:00 Balance Clinic with Chad from Excella Homecare 10:45 Exercise 1:30 Bridge Group 2:30 NewsCurrents 4:00 Shabbat 6:30 Evening Movie</p>	<p>10:45 Exercise 2:00 Afternoon DVD  2:30 Richard Clark presents: "Great Scot, it's Andrew Carnegie!" 6:30 Bingo PLUS</p>
<p> 9:00 Sunday paper, coffee, crosswords 10:45 Exercise 2:00 Trivia and Joke time with Dee 3:15 Bingo 6:30 I Love Lucy</p>	<p>10:15 Coffee Social 10:45 Exercise  2:30 New Resident Welcome Party & June Birthday Party 3:00 Wii Bowling 6:30 Seinfeld</p>	<p>9:45 Word Game with John 10:45 Exercise 1:45 CVS 2:00 Afternoon Movie on big screen 2:30 Sudbury Farms 3:30 Name that Tune with ViLynne 6:30 Bingo</p>	<p>Wellness Clinic 8:00 Walking Group 8:30 Mass trip 9:00 Coffee Social 9:45 Wheel of Fortune 10:45 Exercise 2:30 Afternoon Ice Cream Social on Back Patio 3:00 Picture, Picture 6:30 Bingo</p>	<p>8:30 Walking Group 10:00 Bake Shop 9:45 Rosary 10:45 Exercise 2:30 Afternoon Snack & Social 3:00 Wii Bowling 6:30 Evening Movie in Game Room</p>	<p>In addition: - Heritage Hair Salon – Every Tuesday - Manicures with Mary – E/O Friday - Geriatric M.D., V. Perrelli – per appointment only - Excella Wellness Clinic – E/O Wed., 9-10:30 am by appointment with reception - Podiatrist - every other month - Dentist, Dr. Atkins – per appointment only - Transport to Doctors, by appointment – Tuesdays and Thursdays (see reception desk for scheduling)</p>	

Save the Date! Special Flag Raising Ceremony – date to be determined but we are aiming for either Wednesday, June 29th or Thursday, June 30th. Watch front board for date confirmation; Wednesday, July 6th, Sudbury River Luncheon Cruise; Thursday, July 7th, Garden in the Woods golf cart tour.

