

January 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>1 8:30 The Golden Girls 9:30 Jokes &Laughter 10:00 Exercises 10:30 Word Game 11:30 Lunch 12:15 Reading Club 1:30Music Trivia 2:00 Snack 2:30 Gentle Stretches 3:00 The Alphabet Game 3:45 Kick Ball/Bingo 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Biographies 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	<p>2 8:30 Travel Log 9:30 Morning Meeting 10:00 Stay Fit 10:30 Indoor Walking 11:30 Lunch 12:15 Dog Visit 1:30Music Trivia 2:00 Snack 2:30 Gentle Stretches 3:00 Vacation Spots 3:45 Kick Ball/Bingo 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Biographies 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	<p>3 8:30 Easy Listening 9:30 Jokes &Laughter 10:00 Stay Fit 10:30 Sports/Trivia 11:30 Lunch 12:15 Hymn Sing/Susan 1:00 Protestant Service 2:00 Snack 2:30 Pianist Gertrude K 3:00 Piano Music 3:15 Rosary/Maurice 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Biographies 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	<p>4 National Bird Day 8:30 Sight Seeing Video 9:30 Morning Meeting 10:00 Weight Lifting 10:30 Indoor Walking 11:30 Lunch 12:15 Music&Magazines 1:30 Facials/Nail Care 2:00 Snack 2:30 Gentle Stretches 3:00 The Alphabet Game 3:45 Music Trivia 4:00 Sports/Word Search 4:30 Dinner 5:15 Music Video 5:45 Board Game 6:15 Beverages 6:30 Movie</p>	<p>5 Brazilian Program 8:30 Karaoke 9:30 Morning Meeting 10:00 Program on Brazil 10:30 Program Continues 11:30 Lunch 12:15 Reminisce 1:30 Indoor Walking 2:00 Snack 2:30 Chair Zumba 3:00 Rosary/Maurice 3:45 Small Groups 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Famous People 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	<p>6 8:30 Lawrence Welk 9:30 Jokes &Laughter 10:00 Exercises 10:30 Shabbat Service 11:30 Lunch 12:15 Reading Club 1:30Music Trivia 2:00 Snack 2:30 Gentle Stretches 3:00 Sing Along /Susan 3:45 Kick Ball/Bingo 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Biographies 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	 <p>7 8:30 Lawrence Welk 9:30 Jokes &Laughter 10:00 Exercises 10:30 Word Game 11:30 Lunch 12:15 Reading Club 1:30Music Trivia 2:00 Snack 2:30 Gentle Stretches 3:00 Pianist Gertrude K 3:45 Kick Ball/Bingo 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Biographies 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>
<p>8 Mass on TV 8:30 Lawrence Welk 9:30 Jokes &Laughter 10:00 Exercises 10:30 Baking Cookies With Eileen 11:30 Lunch 12:15 Reading Club 1:30 Matinee 2:00 Snack 2:30 Gentle Stretches 3:00 Music Trivia 3:45 Kick Ball/Bingo 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Board Game 6:15 Beverages 6:30 Movie</p>	<p>9 8:30 Easy Listening 9:30 Morning Meeting 10:00 Stay Fit 10:30 Indoor Walking 11:30 Lunch 12:15 Name that Tune 1:30Music Trivia 2:00 Snack 2:30 Gentle Stretches 3:00 Vacation Spots 3:45 Kick Ball/Bingo 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Biographies 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	<p>10 8:30 Easy Listening 9:30 Jokes &Laughter 10:00 Stay Fit 10:30 Sports/Trivia 11:30 Lunch 12:15 Listening to Music 1:00 Dog Visit 2:00 Snack 2:30 Pianist Gertrude K 3:00 Piano Music 3:15 Rosary/Maurice 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Biographies 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	<p>11 8:30 Sight Seeing Video 9:30 Morning Meeting 10:00 Weight Lifting 10:30 Indoor Walking 11:30 Lunch 12:15 Music&Magazines 1:30 Facials/Nail Care 2:00 Snack 2:30 Gentle Stretches 3:00 The Alphabet Game 3:45 Music Trivia 4:00 Sports/Word Search 4:30 Dinner 5:15 Music Video 5:45 Board Game 6:15 Beverages 6:30 Movie</p>	<p>12 8:30 Karaoke 9:30 Morning Meeting 10:00 Exercises 10:30 Program Continues 11:30 Lunch 12:15 Reminisce 1:30 Indoor Walking 2:00 Snack 2:30 Chair Zumba 3:00 Rosary/Maurice 3:45 Small Groups 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Famous People 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	<p>13 8:30 Lawrence Welk 9:30 Jokes &Laughter 10:00 Exercises 10:30 Shabbat Service 11:30 Lunch 12:15 Reading Club 1:30Music Trivia 2:00 Snack 2:30 Gentle Stretches 3:00 Sing Along /Susan 3:45 Kick Ball/Bingo 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Biographies 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	<p>14 9:00 Music DVD 9:30 Jokes & Laughter 10:00 Exercise 10:30 Dog Visit 11:00 Men's Luncheon 11:30 Lunch 12:15 Word Search 1:00 Trivia Game 1:30 Sports 2:00 Snack 2:30 Pianist Gertrude Kagan 3:30 Rosary on TV 4:30 Dinner 5:15 Nail Care 6:00 Movie</p>
 <p>15 Mass on TV 8:30 Egg Station/ Eileen 9:30 Jokes &Laughter 10:00 Exercises 10:30 Baking Cookies 12:15 Reading Club 1:30 Matinee 2:00 Snack 2:30 Gentle Stretches 3:00 Music Trivia 3:45 Kick Ball/Bingo 4:00 Sports 5:15 Music Video 5:45 Board Game 6:15 Beverages 6:30 Movie</p>	<p>16 8:30 Easy Listening 9:30 Morning Meeting 10:00 Chair Exercises 10:30 Indoor Walking 11:30 Lunch 12:15 Name that Tune 1:30Music Trivia 2:00 Snack 2:30 Gentle Stretches 3:00 Vacation Spots 3:45 Kick Ball/Bingo 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Biographies 5:15 Trivia Game 6:00 Entertainer Barbara Yarkin</p>	<p>17 8:30 Easy Listening 9:30 Morning Meeting 10:00 Stay Fit 10:30 Indoor Walking 11:30 Lunch 12:15 Name that Tune 1:30 Dog Visit 2:00 Snack 2:30 Gentle Stretches 3:00 Vacation Spots 3:45 Kick Ball/Bingo 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Biographies 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	 <p>18 8:30 Sight Seeing Video 9:30 Morning Meeting 10:00 Weight Lifting 10:30 Indoor Walking 12:15 Music&Magazines 1:30 Facials/Nail Care 2:00 Snack 2:30 Chair Zumba 3:00 The Alphabet Game 3:45 Music Trivia 4:00 Sports/Word Search 4:30 Dinner 5:15 Music Video 5:45 Board Game 6:15 Beverages 6:30 Movie</p>	<p>19 8:30 Karaoke 9:30 Morning Meeting 10:00 Exercises 10:30 Program Continues 11:30 Lunch 12:15 Reminisce 1:30 Indoor Walking 2:00 Snack 2:30 Chair Zumba 3:00 Rosary/Maurice 3:45 Small Groups 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Famous People 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	<p>20 8:30 Lawrence Welk 9:30 Jokes &Laughter 10:00 Exercises 10:30 Shabbat Service 11:30 Lunch 12:15 Reading Club 1:30Music Trivia 2:00 Snack 2:30 Gentle Stretches 3:00 Sing Along /Susan 3:45 Kick Ball/Bingo 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Biographies 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	<p>21 8:30 Easy Listening 9:30 Exercises 10:00 Stay Fit 10:30 Discussion Group 11:30 Lunch 12:15 Reading Club 1:00 Trivia Game 2:00 Snack 2:30 A monkey visits in the Pelouquin Room 2:30 Pianist Gertrude Kagan 3:30 Rosary on TV 4:30 Dinner 5:15 Bingo 6:00 Name that Tune 6:30 Movie</p>
<p>22 Mass on TV 8:30 Lawrence Welk 9:30 Jokes &Laughter 10:00 Exercises 10:30 Baking Cookies With Eileen 11:30 Lunch 12:15 Reading Club 1:30 Matinee 2:00 Snack 2:30 Gentle Stretches 3:00 Music Trivia 3:45 Kick Ball/Bingo 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Board Game 6:15 Beverages 6:30 Movie</p>	<p>23 8:30 Easy Listening 9:30 Morning Meeting 10:00 Exercises 10:30 Indoor Walking 11:30 Lunch 12:15 Name that Tune 1:30Music Trivia 2:00 Snack 2:30 Gentle Stretches 3:00 Classical Pianist Adam Bergeron 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Biographies 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	<p>24 8:30 Easy Listening 9:30 Morning Meeting 10:00 Stay Fit 10:30 Indoor Walking 11:30 Lunch 12:15 Name that Tune 1:30 Dog Visit 2:00 Snack 2:30 Gentle Stretches 3:00 Vacation Spots 3:45 Kick Ball/Bingo 4:00 Sports 5:15 Music Video 5:45 Biographies 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	 <p>25 8:30 Sight Seeing Video 9:30 Morning Meeting 10:00 Weight Lifting 10:30 Indoor Walking 12:15 Music&Magazines 1:30 Facials/Nail Care 2:00 Snack 2:30 Chair Zumba 3:00 The Alphabet Game 3:45 Music Trivia 4:00 Sports/Word Search 5:15 Music Video 5:45 Board Game 6:15 Beverages 6:30 Movie</p>	<p>26 8:30 Karaoke 9:30 Morning Meeting 10:00 Exercises 10:30 Program Continues 11:30 Lunch 12:15 Reminisce 1:30 Indoor Walking 2:00 Snack 2:30 Chair Zumba 3:00 Rosary/Maurice 3:45 Small Groups 4:00 Sports 5:15 Music Video 5:45 Famous People 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	<p>27 8:30 Lawrence Welk 9:30 Jokes &Laughter 10:00 Exercises 10:30 Shabbat Service 11:30 Lunch 12:15 Reading Club 1:30Music Trivia 2:00 Snack 2:30 Gentle Stretches 3:00 Sing Along /Susan 3:45 Kick Ball/Bingo 4:00 Sports 5:15 Music Video 5:45 Biographies 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	<p>28 8:30 Easy Listening 9:00 Easy Listening 9:30 Stay Fit 10:00 Current Events 10:30 Walking Group 11:30 Lunch 12:15 Hand Massages 1:00 Trivia Game 2:00 Snack 2:30 Pianist Gertrude Kagan 3:30 Rosary on TV 4:30 Dinner 5:15 Word Game 6:00 Slogans 6:30 Movie</p>
<p>29 Eggs with Eileen 8:30 The Golden Girls 9:30 Jokes &Laughter 10:00 Exercises 10:30 Word Game 11:30 Lunch 12:15 Reading Club 1:30Music Trivia 2:00 Snack 2:30 Gentle Stretches 3:00 The Alphabet Game 3:45 Kick Ball/Bingo 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Biographies 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	<p>30 8:30 Easy Listening 9:30 Morning Meeting 10:00 Stay Fit 10:30 Indoor Walking 12:15 Name that Tune 1:30Music Trivia 2:00 Snack 2:30 Gentle Stretches 3:00 Vacation Spots 3:45 Kick Ball/Bingo 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Biographies 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	<p>31 8:30 Easy Listening 9:30 Morning Meeting 10:00 Stay Fit 10:30 Indoor Walking 11:30 Lunch 12:15 Name that Tune 1:30 Dog Visit 2:00 Snack 2:30 Gentle Stretches 3:00 Vacation Spots 3:45 Kick Ball/Bingo 4:00 Sports 4:30 Dinner 5:15 Music Video 5:45 Biographies 5:15 Trivia Game 6:15 Beverages 6:30 Movie</p>	<p>January Birthdays Yolanda Daley Jan 8th Marcia Finklestein Jan 8th Rebecca Lynch Jan 20th Hannah Herman Jan 30th</p> 			