



H.O.M.E.

“Heritage Offers Many Experiences” JANUARY 2012 Newsletter



HOLIDAY PARTY AT HERITAGE DECEMBER 14TH



The Duval Family



Elizabeth Burns (center) with Daughter,
Betsy & Son-In-Law, Larry

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HERITAGE HAS ANOTHER DEFICIENCY FREE RECERTIFICATION

From the Desk of Executive Director, Ellen Adams

Assisted Living Communities in Massachusetts are regulated by the Executive Office of Elder Affairs. Heritage at Framingham was due for its recertification survey in 2011. This process is performed by the regulators making unannounced visits to each Assisted Living every other year. Two EOEA surveyors arrived at Heritage on December 8th. They spent their time checking our systems to determine if we are in compliance with the state regulations and to ensure that our residents are in a safe environment. They reviewed residents' files, lease renewals, admissions paperwork, service plans, medication programs, safety committee minutes, employees' files, trainings and orientations, criminal background checks on hired staff, the quality assurance program, incident reports, communication logs, emergency plans, operating plans and annual survey results. They also walked through the building and asked questions regarding Lifeline and other safety programs. We are proud to announce that for the second consecutive recertification, Heritage at Framingham was found to be deficiency free. The surveyors stated that they were very impressed with the exceptional systems in place and did not have any recommendations for improvements.

Thank you to all the residents and their families for assisting us with signing and updating all the paperwork required in a timely manner.

HOMESTEAD HAPPENINGS

It was great to see so many family members at our Holiday Party; the “open house” style worked well in helping families meet new people.

For those family members who would like to continue such contact, join us for the Homestead Monthly Family Meeting, the second Thursday of each month, 6 to 7 PM in the Classic Conference Room. The January meeting is scheduled for Thursday, January 12th. Please let the receptionist or Judy Sabol know if you plan to attend.

Please continue to check the bulletin board by the elevator for our latest announcements.

HOLIDAY PARTY AT HERITAGE

DECEMBER 14TH

(Continued from Front Page)



Ernie Parker with Son, Ron & Wife, Anne



Alice Rosenblatt & Daughter, Marcia



Anita Gaines (right) & Daughter, Susan



Dutchie August & Family



From Left, Maggie Calcio, Fran DeGuglielmo, Susan Calcio, Joe Calcio & John Calcio

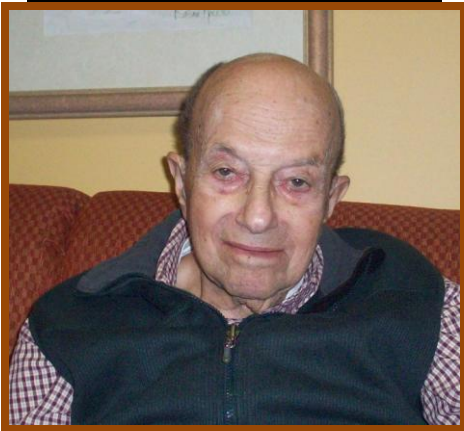


The Ramsdell Clan
From Left, Donna & Mark Ramsdell, Marie Ramsdell & Daughter, Rose-Marie & Husband, Eddie



Anne Rettger (right) & Daughter, Cathy

RESIDENT OF THE MONTH



Fred Slater

Fred was born in Roxbury, MA. and grew up in nearby Dorchester. He was an only child. He met his wife, Lillian, on Nantasket Beach. He was attracted to her “painted toes and bangle bracelet on her upper arm.” She was an artist student and he attended Northeastern University. He left Northeastern and enlisted in the Army for a year. After the Army, he transferred to the Boston University College of Music hoping to become a professional jazz piano player. After graduation, it was too hard to get a job in the music industry so Fred became a copywriter in an advertising agency. He eventually became an Advertising Executive for high end catalogs of quality merchandise. After retirement, he volunteered at McLean Hospital in Belmont, working with the seniors and eventually was hired.

Fred and his wife, Lillian, have two children and two grandchildren. The couple will be married 60 years this coming April. He jokingly says that he feels like he is “still on trial with Lillian”.

When asked about Heritage, Fred replies “There are people my age that I can talk to and it feels like home here. I like the staff.”

Fred enjoys listening to Jazz. Louis Armstrong and Billy Holliday are his favorites. He also likes to read the New York Times every day. His favorite treat is Dairy Queen’s “Dilly Bars”.

Fred’s daughter, Beth, speaks with much love and admiration towards her Dad. She said that he is an exceptional father and grandfather. When she was a child, Fred would sit at the piano and make up special bedtime songs for her and her brother.

It was a special treat to have the opportunity to interview this intelligent, witty and interesting man.

RIDDLE OF THE MONTH

. In what year did Christmas and New Year's fall in the same year?

(Answer on Page 4)

KEEFE TECH HIGH SCHOOL'S BRAZIL PROGRAM



Sarah Silva (left) & Ann Silva

Heritage at Framingham has partnered with Keefe Technical High School in Framingham to provide a work-study internship opportunity for two high school seniors who are working to complete their studies in the health careers shop. Ana Silva and Sarah Silva began their internship in October and will continue working in Classic and Homestead every other week throughout the school year. They presented a multi-media presentation on their home country of Brazil. The program included a Power Point slide show with interesting pictures and information. They baked delicious sweet bread to share with residents. Also included were other types of tasty Brazilian treats. The program will be repeated in January for residents in the Homestead community.

SAVE THE DATES

January 12th - Wayside Inn Luncheon Trip

January 13th - Shabbat Service with the Keshet 13 Students at 3:30 PM

January 21st - Doug the Monkey Guy visits with his Capuchin Monkey at 2:30 PM

January 21st - Bruce Pratt, Jr., Classical Piano Concert 6:30 PM

January 23rd - New Resident Welcome Party, at 2:00 PM

January 23rd - Jazz Pianist, Ethan Stone, at 2:30 PM

January 24th - Men’s Luncheon at Noon

MASSHORT FESTIVAL OF THE TREES AT ELM BANK



From left, Betty Denham, Bobbie Garvin, Betty Brennan, Gerri Shahian, Gert Kagan, Anita Karp, Yolanda Daley & Rose Mesite

On Monday, December 5th, Heritage took a bus load of Classic and Homestead residents to see the beautifully decorated trees in the Hunnewell Building at Elm Bank in Wellesley, MA. The striking converted carriage house on the grounds of Elm Bank was filled to overflowing with decorated trees. Residents saw trees that celebrate art and music, the Red Sox, the beach, Cinderella, America, Disney characters, gardening, golfing and many more. The trees, all “near real” are decorated by a myriad of groups, societies and clubs. This was our first trip to the yearly attraction, and based on the resident’s positive feedback, we will surely schedule another trip next holiday season.

RESIDENTS’ JANUARY BIRTHDAYS

HAPPY BIRTHDAY TO:

Fran DeGuglielmo – January 1st

Yolanda Daley – January 8th

Marcia Finkelstein – January 8th

Ron Barney – January 11th

Norma McGinnis – January 19th

Rebecca Lynch – January 20th

Bill Johnson – January 22nd

Jeff Musser – January 29th

Hannah Herman – January 30th

Priscilla Duval – January 31st

WELCOME NEW RESIDENTS

Jim & Lorraine Zabierek

WELCOME NEW EMPLOYEES

Jennifer Mejia – RCA

Sharon Malwoga – RCA

Bobbi Goldman – Activities

EMPLOYEES’ JANUARY BIRTHDAYS

Mary Bergeron – January 11th

Genna Glick– January 11th

Lynn Swanson – January 22nd

Lindaura Leite– January 27th

Joi Garron– January 28th

Linda Howard – January 31st

ANSWER TO THIS MONTH’S RIDDLE

They fall in the same year every year, New Year's Day just arrives very early in the year and Christmas arrives very late in the same year.

AULD LANG SYNE

Auld Lang Syne was partially written by Robert Burns in the 1700's, it was first published in 1796 after Burns' death. Early variations of the song were sung prior to 1700 and inspired Burns to produce the modern rendition. An old Scotch tune, 'Auld Lang Syne' literally means 'old long ago,' or simply, 'the good old days.' Below are the lyrics.

*Should auld acquaintance be forgot
and never brought to mind?
Should auld acquaintance be forgot
and days of auld lang syne?
For auld lang syne, my dear,
for auld lang syne,
we'll take a cup of kindness yet,
for auld lang syne.*

*Should auld acquaintance be forgot and never
brought to mind?
Should auld acquaintance be forgot
and days of auld lang syne?
And here's a hand, my trusty friend
And gie's a hand o' thine
We'll tak'A cup o' kindness yet
for auld lang syne.*

Auld Lang Syne's association with New Year's Eve began in the 20th century; bandleader Guy Lombardo began the tradition on a radio broadcast of 1929.