



# H.O.M.E.

**“Heritage Offers Many Experiences”**

## **February 2011 Newsletter**

### **A MESSAGE FROM HERITAGE’S NEW PRESIDENT & CEO RICK KILLIGREW**

I have the great honor of becoming the President and CEO of Mary Ann Morse Healthcare Corporation on February 1, 2011. I have been the Chief Financial Officer of the Corporation since February of 2007. I succeed Allan McLean, who has served as President & CEO since Roger Peloquin’s tragic death in April of 2009.

With Roger’s vision and Allan’s guidance, Heritage has reached the point where it is the preferred assisted living community in METROWEST. The challenge for Heritage will be to continue to attract and retain the caring staff that provides such a warm environment for all residents. While we invested significant funds in the 2007 – 2009 expansion and restoration, we will continue to invest in our beautiful community to meet the needs of our residents. Over the next several years we will be evaluating improvements to the automatic doors at the front entrance in Classic, improved heating in the Peloquin Room, renovation of all four Homestead Kitchen and dining areas and potential expansion of the Floridian room in Homestead to accommodate all Homestead residents for activities.

Erica Marder joined us in the middle of January as our new Controller. Erica has a diverse background that includes financial management positions in public accounting, large physician group practices, a Community Hospital and a managed care plan. Erica is originally from Florida, and has lived in Massachusetts for over 6 years.

### **HOMESTEAD HAPPENINGS**

We have all enjoyed watching the snow fall and drift, with plenty of reminiscing about fun in the snow, but we are already looking forward to spring!

I want to extend my appreciation to all of our staff, who worked hard to get in to work despite all the adverse conditions and continue to cheerfully meet the needs of all of our residents.

For this month, instead of restaurant trips that require battling snow banks and icy sidewalks, we will feature “dining in”, offering a special meal each week, in a different neighborhood, hosted by activity staff.

February is Chocolate Lover’s Month. Part of our Valentine celebration on February 14th will include a “Chocolate Tasting”.

Our Knitting Group is working on a group project, with the help of activity staff and a volunteer. The group has picked an afghan pattern, and members will be completing individual squares, sure to keep everyone busy in the coming weeks.

We extend a warm welcome to our newest volunteer, Mary O’Connor, who will be joining us every Saturday. Mary worked here for a time as a private companion, and is returning in a volunteer capacity.

### **WAYSIDE INN DINNER OUTING**



**Homestead ladies enjoying dinner at the Wayside Inn. From left Betty Thulin, Eileen O’Reilly, Norma Flynn, Cynthia Morgan & Rita Lieberman**



### **RIDDLE OF THE MONTH**

I come in darkness, but fill the mind with light. I bring enlightenment to some, while gripping others in the hand of fear. With me it can be a journey of inexplicable joy and sorrow. What I will show you will often be unreachable. Journey with me and what you see may haunt you. Journey with me and you may never want to return home. Journey with me and you will never know when it will end. What am I? (answer on page 4)

### **RESIDENTS' FEBRUARY BIRTHDAYS**

Heritage at Framingham celebrates residents' birthdays with a monthly birthday party. Happy Birthday to:

- Gert Kagan – February 15<sup>th</sup>
- Nancy Kierstead – February 19<sup>th</sup>
- Roberta Garvin – February 23<sup>rd</sup>
- Fred Atkinson – February 25<sup>th</sup>
- Edwin Thurston – February 27<sup>th</sup>
- Irma Issacson – February 28<sup>th</sup>
- Theresa Gottfried – February 28<sup>th</sup>

### **INVITE A SENIOR FRIEND TO LUNCH DAY**

#### **UPCOMING LUNCH OUTINGS**

Cheesecake Factory & The Aegean

#### **WELCOME NEW RESIDENT**

Edith Weintraub

#### **SAVE THE DATES**

- MARCH 8<sup>TH</sup>** - Senior prom (see page 4)
- APRIL 1<sup>ST</sup>** - Antiques appraisal
- JUNE 11<sup>TH</sup>** - Heritage's annual family barbeque & luau – rain or shine

### **RESIDENT OF THE MONTH**



**RICHARD HERSTINE**

Richard has been a resident at Heritage since July of 2009. He spent the first 80 years of his life in Bethlehem, PA. He is the oldest of three children. He met and married Marie, his high school sweetheart and wife of 68 years. Richard's first and only employer in 40 years was Bethlehem Steel. He joined the Navy in 1942, attended the communications school at Harvard University and was assigned to the U.S.S. Bunker Hill in Quincy, MA. (a division of Bethlehem Steel). Richard was very active in the Junior Chamber of Commerce. He was called an "Exhausted Rooster" due to the fact that he was over 25 years old when he joined. His wife, Marie was a registered nurse and was very active in many clubs and groups and consistently elected President in everything she joined. Richard and Marie have two children and 5 grandchildren. Out of the five grandchildren, there is only one girl, whose name is Alison. Richard affectionately calls her his O.A.O. (One and Only). Richard enjoys playing bridge, reading sports biographies and Dick Francis horse racing novels. He is also our resident joke teller. His sense of humor is infectious! When asked about Heritage, Richard said, "The people are nice and helpful. Everything is convenient here."

### **CYSTIC FIBROSIS TREE**



**COMMUNITY SERVICE**

This month's community service project is in support of the Cystic Fibrosis Foundation. Cystic Fibrosis is an inherited system of over 300,000 children and adult in the US. Please give a dollar donation to the front desk and we will put your name on a heart and hang on the giving tree (shown above) in the reception area.

**WELCOME NEW EMPLOYEES**

Erica Marder - Controller

**EMPLOYEES' FEBRUARY BIRTHDAYS**

Yudelka Jimenez – February 7<sup>th</sup>

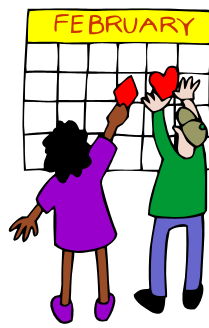
Richard Marchand – February 9<sup>th</sup>

Judith Owino – February 14<sup>th</sup>

Marg Goverman – February 18<sup>th</sup>

Philip Clark – February 21<sup>st</sup>

Peter Wigandt – February 27<sup>th</sup>



**ROCKY!**



Rocky is Heritage's most popular resident! He belongs to Joe & Ann Rettger. Rocky is part miniature dachshund and part toy poodle. This adorable little guy has been a great addition to Heritage since last September. He will be 5 years old next month.

**INVITE A SENIOR TO LUNCH DAY**



On Thursday, February 3<sup>rd</sup>, Heritage hosted "Invite a Senior to Lunch Day." All of our residents were asked to invite a friend to come and be treated to one of our executive chef Rick Robidoux's delicious lunches. Several guests were in attendance and a good time was had by all. Entertainment was provided by vocalist and harpist Skye Hurlburt.

**EAST SIDE CAFÉ AT KEEFE**



**From left – Lee Passalacqua, Minnie McCann with Grandson, Andrew and daughter-in-law Elaine, Anita Karp, John Mauritz and Rose Mesite**

On Thursday, January 26<sup>th</sup>, 11 residents enjoyed a lunch at the East Side Café at Keefe Technical High School in Framingham. Our meals were delicious and the wait staff was prompt and attentive. We even had a personal visit from the executive chef. Minnie McCann's grandson, Andrew, a math teacher at the school, joined us for the luncheon and her daughter stopped by for a visit, too. We had a lovely time and will surely return for another fabulous meal.

**ANSWER TO THIS MONTH'S RIDDLE**

Your dreams!

**GROUND HOG DAY**

"The sky is clear. Prepare for warmth!" With those rousing words on February 2nd, the world's most famous groundhog, Punxsutawney Phil, offered a ray of hope to millions of Americans being buffeted by a monster winter storm. Seeing no shadow as he emerged from his ceremonial burrow in Punxsutawney, Pennsylvania, on Groundhog Day 2011, Phil, according to tradition, is said to have predicted an early spring.

**SENIOR PROM**

On Tuesday, March 8<sup>th</sup>, Heritage will host its first Senior Prom for residents from 5:30 pm to

7:30 pm in the Peloquin Room. Light refreshments, live entertainment and a DJ will round out the evening festivities. We are looking to make this a dressy affair, and are asking for family members to help uncover those long-lost grandmother of the bride dresses or something of equal attire. Our male residents are encouraged to dress-up with either a shirt & tie, suit tie or even a tux!

**SNOW, SNOW AND MORE SNOW!**



**A picturesque Heritage on a very snowy day. Below is our Director of Support Services, Brian Kelly and Maintenance Coordinator Frankie Caquais working tirelessly to keep the walks and driveway clear and safe.**