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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happenings in September</p> <p>Celebrating Assisted Living week, Monday September 14th, through Saturday, September 18th,</p> 		<p>1 </p> <p>9:30 Coffee Cart 10:00 Exercises 10:30 Small Groups 11:30 Lunch 12:00 Sudbury River Cruise 1:00 Poetry Reading 1:30 Slogans 2:00 Snack 2:45 Pianist Gert Kagan 4:00 Helping Hands 4:30 Dinner 5:15 The Movie Makers 6:00 Golf Game 6:30 Bingo Game</p>	<p>2 </p> <p>9:30 News Currents 10:00 Stay Fit 10:30 Walk & Talk 12:30 Music & Books Beauty Hour 1:00 Arts & Crafts 1:30 Right/Left/ Center 2:00 Afternoon Snack 2:30 Poetry Group With Marty S 3:00 Word Game 3:30 Sing Along 4:30 Dinner 5:15 Nail Care 5:30 Name that Tune 6:00 Music Trivia 6:30 Movie tonight</p>	<p>3 </p> <p>9:30 Exercise Group 10:30 Small Groups 11:30 Lunch 12:15 Poetry Hour 1:00 Reminisce 1:30 Kick Ball 2:00 Snacks 2:30 Sing a Long 3:00 Balloon Game 3:30 Walk & Bingo 3:30 Rosary 4:30 Dinner 5:15 Nail Care 6:00 Movie</p>	<p>4</p> <p>9:30 Stay Fit 9:45 Jokes & Laughter 10:00 Yoga w/ Anne 10:30 Shabbat Service & Ladies Group 11:30 Lunch 1:00 Trivia Game 1:30 Name That Tune 2:00 Snack 3:30 Sing a Long w/ Susan Pell</p>  <p>4:15 Walk to Dine 4:30 Dinner 5:15 Nail Care 6:00 Movie 7:00 Beverages</p>	<p>5 </p> <p>9:30 Coffee Social 10:00 Exercises 10:30 Indoor Walk & Library 11:30 Lunch 1:00 Music Program 1:30 Sit & Knit 1:30 Snack 2:00 Pianist Gert Kagan 3:00 Current Events 3:30 Kick Ball Nature Walk 4:30 Dinner 6:00 Movie Time</p>
<p>6</p> <p>9:30 Mass on TV 10:00 Exercise 10:30 Walk & Sports 11:00 Lunch 1:00 Sunday Matinee 2:00 Snack 2:30 Sing Along 3:00 Bingo 3:30 Indoor Walk & Library 4:30 Dinner 6:00 Movie</p> 	<p>7</p> <p>9:00 Hair Salon is Open 10:00 Stay Fit 10:30 Reading Club & Baking Group 11:30 Lunch 12:30 Music 1:00 Cross Word 1:30 Residents enjoy A variety of baked Goodies 2:00 Music 2:30 Ice Cream Social 6:00 Entertainer Geoff Barnes Is here</p> 	<p>8</p> <p>9:30 Stay Fit 10:00 Current Events 10:30 walking group Making Pancakes 11:30 Lunch 1:00 Protestant Service 2:00 Snack 2:30 Laughter is the Best Medicine 2:45 Gert Kagan plays the piano 3:00 Dancing 4:30 Dinner 6:00 Golf Game</p> 	<p>9 </p> <p>9:30 Wellness Clinic 10:00 Dancing 10:30 Discussion Group 11:30 Lunch 12:30 Reading Club 1:00 Kick Ball 1:30 Arts & Crafts 12:30 Right/Left/Center 2:00 Bingo 2:30 Tea Time 3:00 Music 3:30 Reading Club 4:30 Dinner 5:15 1930's Trivia 6:00 Sing Along 7:30 Movie</p>	<p>10</p> <p>9:30 Exercises 10:00 Current Events 10:30 Small Groups 11:30 Lunch 1:00 Kick Ball 1:30 Name That Tune 2:00 Snack 2:30 Jokes & Stories 3:00 Vacation Spots 3:30 Rosary w/Maurice 4:30 Dinner 5:15 The Alphabet Game 6:00 Light and Lively 6:30 Trivia Game 7:30 Listening to Music</p>	<p>11 Manicures Day</p> <p>9:30 Coffee & Tea 10:00 Jokes & Laughter 10:30 Shabbat Service 11:30 Lunch 1:00 Current Events 1:30 Board Game 2:00 Snack & Music 2:30 Music Trivia 3:00 Vacation Spots 4:00 Helping Hands 4:30 Dinner 6:00 Manicures 6:30 Movie</p> 	<p>12 </p> <p>9:30 Hot Coffee 10:00 Exercises 10:30 Beauty Hour 11:30 Lunch 1:00 Sports 1:30 Snack 2:00 Pianist Gert Kagan 2:30 Board Game 3:00 U.S. Trivia 3:30 Alphabet Game 4:30 Dinner 5:15 Music Trivia 6:00 Movie &</p>
<p>13</p> <p>9:30 Stay Fit 10:00 Current Events 10:30 Walk & Talk 11:30 Lunch 1:00 Matinee 2:00 Snack 2:30 Reminisce 3:00 Discussion Group 3:30 Walking Group 4:30 Dinner 6:00 Movie</p> 	<p>14 Assisted Living Week</p>  <p>Ice Cream Social 9:00 Hair Salon 9:30 Coffee & Tea 10:00 Exercises 10:30 Walking Group & Baking Group 11:30 Lunch 12:30 Music 1:00 Cross Words 1:30 Reading Club 2:00 Ice Cream Social 2:30 Discussion Group 3:00 Reminiscing 3:30 Walking Group 4:30 Supper 6:00 1930's Trivia</p>	<p>15 Beach Day </p> <p>9:30 Reminiscing 10:00 Beverages 10:30 Small Groups 11:30 Lunch 1:00 Sea Shell Collection 1:30 Discussion Group 2:00 Snack 2:45 Pianist Gert Kagan</p>  <p>4:00 Helping Hands 4:30 Dinner 6:00 Golf Game 6:30 Bingo Game</p>	<p>16 Italian Day! Boun Giorno</p>  <p>9:30 Stay Fit 10:00 Walking Group 11:30 Lunch 1:00 Arts and Crafts 1:30 Men's Group 2:00 Snack 2:30 Tea party 2:30 Men's Group 3:00 Guessing Game 3:30 Small Groups 4:30 Dinner 5:15 Discussion Group 6:00 Glamour & Style 6:30 Movie Tonight</p>	<p>17 Sports Day </p> <p>9:30 Stay Fit 10:00 Light and Lively 10:30 Rosary w/Maurice 11:30 Lunch 1:00 Ladies' Group 1:30 Arts & Crafts 2:00 Snack 2:30 Sing Along 3:00 Name that Tune 3:30 Walk & Sports 4:30 Dinner 5:15 Music Program 6:00 Manicures 6:30 Golf Game 7:30 Movie</p>	<p>18 International Day </p> <p>9:30 Current Events 10:00 Yoga w/ Anne 10:30 Small Groups 11:30 International Buffet 1:00 Now and Then 1:30 Kick Ball 2:00 Snack 2:30 Travel Log 3:00 Hand Massages 3:30 Dancing 4:00 Helping Hands 4:30 Dinner 5:25 Nail Care 6:00 Movie</p>	<p>19 Jewish Heritage </p> <p>9:30 Exercises 10:00 Current Events 10:15 Jokes & Laughter 10:30 Walk & Library 11:30 Lunch 1:00 Music Program 1:30 Snack 2:00 Pianist Gert Kagan 3:30 Indoor Walk, Puzzles, 4:30 Dinner 5L25 The Alphabet Game 6:00 Movie Tonight</p>
<p>20</p> <p>9:00 Music DVD 9:30 Coffee & Tea 9:45 Mass on TV 10:00 Exercise 10:30 Walk 11:30 Lunch 12:15 Reading Club 1:00 Sunday Matinee 2:00 Snack Time 2:30 Sports 3:00 Gentle Stretch 3:30 Walk & Sports 4:30 Supper 5:15 Discussion Group 6:00 Movie</p>	<p>21</p> <p>9:00 Hair salon is open 9:30 Hot Coffee 10:00 Stay Fit 10:30 Walking Group Baking Group 11:30 Lunch 12:30 Music 1:00 Kick Ball 1:30 Trivia 2:00 Snack Entertainers Barbara And Dan are here 2:30 Spreading Joy 3:00 Alphabet Game 3:30 Hymn Singing 4:30 Supper 6:00 Light and Lively 7:00 Name That Tune</p>	<p>22 </p> <p>9:30 Morning Coffee 10:00 Exercise 10:30 Rosary w/ Maurice 11:30 Lunch 1:00 Men's Group 1:30 Music Trivia 2:00 Snack 2:00 Entertainment With Barbara & Dan 2:45 Gert Kagan plays the piano 3:00 Dancing 3:30 Hymn Sing 4:00 Helping Hands 4:30 Dinner 5:15 Music Trivia 6:00 Bingo Game</p>	<p>23 </p> <p>9:30 News Currents 10:00 Stay Fit 10:15 Art Matters 10:30 Walk & Talk 12:30 Music & Books Relaxation 1:00 Arts & Crafts 1:30 Right/Left/ Center 2:30 Poetry Group With Marty S 3:00 Word Game 3:30 Sing Along 4:30 Dinner 5:15 Nail Care 5:30 Name that Tune 6:00 Music Trivia 6:30 Movie tonight</p>	<p>24 </p> <p>9:30 Coffee & Tea 10:00 Exercise 10:30 Small Groups 11:30 Lunch 1:00 Balloon Game 1:30 Slogans 2:00 Harpist Skye Is here 2:00 Snack & Music 2:30 Trivia-1st Ladies 3:00 Sing A Long 3:30 Jokes and Laughter 4:30 Dinner 5:15 Trivia Game 6:00 Movie</p>	<p>25 </p> <p>9:00 The Golden Girls 9:30 Jokes & Laughter 10:00 Dancing 10:30 Shabbat Service 11:30 Lunch 1:00 Word Search 1:30 Name That Tune 2:00 Snack 2:30 This and That 3:00 Word Game 4:00 Hand Massages 4:30 Dinner 5:15 Nail Care 6:30 Movie</p>	<p>26</p> <p>9:30 Stay Fit 10:00 Current Events 10:15 Laughter is the Best medicine 10:30 Reading Club 11:30 Lunch 1:00 Current Events 1:30 Snack 2:00 Pianist Gert Kagan 3:30 Walking Group 4:30 Dinner 6:00 Movie 7:00 Music</p> 
<p>27</p> <p>8:30 Bird Feeding 9:00 Music DVD 9:30 Stay Fit 9:45 Mass on Tv 10:00 Current Events 10:30 Walk & Talk 11:30 Lunch 1:00 Matinee 2:00 Snack 2:30 Reminisce 3:00 Discussion Group 3:30 Walking Group 4:30 Dinner 5:15 Music Trivia 6:00 Movie</p>	<p>28</p> <p>9:00 Hair salon is open 9:30 Hot Coffee 10:00 Exercise 10:30 Walk & Baking Group 11:30 Lunch 12:30 Music 1:00 Kick Ball 1:30 Trivia 2:00 Snack 2:30 Group Discussion 3:00 Alphabet Game 3:30 Hymn Singing 4:30 Supper 6:00 Light and Lively 5:15 Nail Care 7:00 Name That Tune</p>	<p>29</p> <p>9:30 Coffee Cart 10:00 Exercises 10:30 Beauty Hour 11:30 Lunch 1:00 Poetry Reading 1:30 Slogans 2:00 Snack 2:45 Pianist Gert Kagan</p>  <p>4:00 Helping Hands 4:30 Dinner 5:15 The Movie Makers 6:00 Golf Game 6:30 Bingo Game</p>	<p>30 </p> <p>9:30 Coffee & Tea 10:00 Jokes & Laughter 11:30 Lunch 1:00 Arts and Crafts 1:30 Men's Group 2:00 Snack 2:30 Trivia 2:30 Knitting Group 2:30 Entertainment w/ Sonja Maneri 3:00 Guessing Game 3:30 Small Groups 4:30 Dinner 5:15 Discussion Group 6:00 Glamorous People 6:30 Music Video</p>	<p>Bus Trips</p> <p>Tuesday, September 1st, Sudbury River Cruise at 12:15 pm Friday, September 4th, picture taking at the Wayside Inn In Sudbury at 12:30 pm</p> <p>A trip to Star Bucks/ Barnes and Nobles In Natick Friday September 11th, at 12:30 pm</p> <p>Sight Seeing Trip Friday, September 18th At 12:30</p>	<p>September Birthdays</p> <p>Friday, September 25th Dr. Bruce Brown September 15th,</p> <p>Nick Eosco September 23rd,</p> <p>Phyllis Mechaber September 19th,</p> 	<p>Welcoming our new Homestead Residents</p> <p>Dr. Bruce Brown</p> <p>Adele Macaluso</p>