

March, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<p>10:00 to 11:30 Purim Party!</p>  <p>10:45 Exercise in The Club Room 2:00 Afternoon Movie</p>	<p>9:45 Linda Program 10:45 Exercise 2:00 Music Listening 2:00 CVS Shopping 2:30 Sudbury Farms Shopping 6:30 Trivial Pursuit w/Laura</p>	<p>9:45 Rosary/Jean</p>  <p>10:00 Trivia 10:45 Exercise 2:15 Spelling Bee 3:00 Hemenway Readers 6:30 Bingo w/Linda in the Club Room</p>	<p>Wellness w/Cindy 9:45 Words and Phrases Program with Linda 10:45 Exercise 12:30 Bridge Group 2:00 Book Club with Janet 2:30 Wheel of Fortune 6:30 Sing-A-Long</p>	<p>9:30 Bible Study with Rev. Chris 10:45 Fit for the Future Exercise</p>  <p>12:30 Baseball Lunch Bunch with Executive Director, Ellen Adams 2:15 Word Game 2:30 Happy Hour 6:30 Bingo</p>	<p>10:15 NewsCurrents 11:00 Get Fit, Stay Fit Exercise 12:00 Special Luncheon for March Birthday Residents 2:00 Mass with Fr. Ben 3:30 Al Gould Performs then Shabbat w/Jeff Stock & Keshar 13 Students 6:30 Scrabble</p>	<p>9:45 Gardening program w/Linda 10:45 Exercise with Linda</p>  <p>2:30 Richard Hughes' One Man Show: Today he presents: "Ernest Hemenway" 6:30 Evening Movie</p>
8	9	10	11	12	13	14
<p>10:00 Coffee and Sunday Newspaper in Library 10:00 Crossword Puzzles in Club Room 10:45 Exercise in The Club Room</p>  <p>2:00 Sunday Movie</p> 	<p>9:00 The Podiatrist is here! Please take a # and wait on 2nd floor. 9:45 Dictionary Game with Linda 10:45 Fit for the Future with Linda 2:30 Marti Sawyer Performs 6:30 Bingo w/Laura</p>	<p>9:45 Crosswords in The Club Room 10:15 Trivia in Club Room 10:45 Exercise 2:30 The Wheel of Fortune with Vero 6:30 Bingo</p> 	<p>9:45 News Discussion group with Linda 10:15 Resident's Council Meeting 10:45 Fit for the Future w/Linda 12:30 Bridge Grp. 3:00 Tony D'Eramo – Strolling Accordionist 6:30 Scrabble with Vero in Club Room</p>	<p>9:45 Craft Project with Linda 10:45 Exercise and Feel Good! 2:00 CVS Shopping 2:30 Sudbury Farms Shopping Trips 2:05 Movie 5:15 Puppy Time in Club Room 6:30 Bingo with Vero</p>	<p>9:45 Program with Linda 10:45 Exercise Class 1:30 Out to the Movies 2:30 The Word Game w/Vero 4:00 Shabbat</p>	<p>9:45 Non-denominational Bible Study w/Linda 10:45 Exercise 2:00 Jack Ryan – Professional Magician!</p>  <p>6:30 Saturday Night at the Cinema</p>
15	16	17	18	19	20	21
<p>Daylight Savings Time Begins! 10:00 Coffee & Sunday Paper 10:00 Crosswords 10:45 Exercise in The Club Room 2:00 Congregation OrAtid presents Purim Baskets</p>	<p>9:45 Dictionary Program with Linda 10:45 Exercise 2:30 NewsCurrents</p>  <p>3:30 Spelling Bee 6:30 Trivia Pursuit with Volunteer Laura</p>	<p>Happy St. Patrick's Day!</p>  <p>9:45 Rosary w/Jean 10:00 Crosswords 10:45 Exercise 2:30 St. Patrick's Day Party – Irish Step Dancing Demonstration 6:30 Bingo</p>	<p>Wellness w/Cindy 9:45 Linda Program 10:45 Exercise 12:00 Out for Lunch Bunch 12:30 Bridge Grp. 1:30 Fashion Show 3:00 Biography Program with Lynne 6:30 Scrabble with Vero</p>	<p>9:30 Bible Study Class with Chris 10:45 Exercise with Linda 2:00 Skye Performs on the Harp! 3:15 NewsCurrents 6:30 Bingo!</p> 	<p>1st Day of Spring</p>  <p>10:10 Wheel of Fortune 10:50 Fit for The Future 2:00 CVS Shopping 2:30 Sudbury Farms Shopping 4:00 Shabbat with Sue and Daniel</p>	<p>9:45 Non-denominational Bible Study w/Linda 10:45 Exercise with Linda 2:00 Brandie Rae Dancers Perform</p>  <p>6:30 Sing-A-Long</p>
22	23	24	25	26	27	28
<p>10:00 Sunday paper & coffee 10:00 Crosswords 10:45 Exercise</p>  <p>3:00 New Sound Assembly Barbershop Harmony Singing at its best!</p>	<p>9:45 Biography Program</p>  <p>10:45 Get Fit Exercise Program 2:00 Poker, Scrabble and Cards 3:00 Marti Griffin Slide Show of Butan 6:30 Bingo with Laura</p>	<p>9:45 Crosswords in Club Room 10:45 Exercise 2:00 CVS Shopping 2:30 Sudbury Farms Shopping</p>  <p>2:30 Word Game 6:30 Bingo</p>	<p>9:45 Program with Linda 10:15 Art Matters – "Calder" 12:30 Bridge Grp. 2:30 Fit for The Future with Lynne 3:30 What is The 6:30 Charades with Vero</p>	<p>8:45 Bus Leaves for Boston Symph. Orch. Concert 9:45 Bio. Program 10:45 Exercise 2:30 March Birthday Party</p>  <p>3:30 NewsCurrents 6:30 Bingo!</p>	<p>10:15 Spelling Bee 10:45 Exercise 2:30 Wheel of Fortune 6:30 Friday Night at the Movies</p>	<p>9:45 Non-denominational Bible Study w/Linda 10:45 Get Fit, Stay Fit! Exercise 2:00 Saturday Matinee</p>  <p>6:30 Saturday Night Sing-A-Long</p>
29	30	31	<p>In addition:</p> <ul style="list-style-type: none"> • Bank of America – Mondays & Thursdays 9:00 – 10:15 a.m. • Heritage Hair Salon – Tuesdays • Manicures – Every other Friday • Geriatric M.D., V. Perrelli – Weekly • Excella Wellness Clinic – Every other Wednesday • Podiatrist - Every other Month • Dentist, Dr. Atkins – Every 6 Weeks • Excella Healthcare –Rehabilitation daily plus bi-monthly classes • Transport to Doctors – Tuesdays & Thursdays by appointment 			
<p>10:00 Sunday paper & coffee 10:00 Crosswords 10:45 Exercise</p>  <p>2:00 Keshar 13 Students – Passover Seder</p>	<p>9:45 Linda Program 10:45 Exercise 2:00 Music Listening</p>  <p>3:00 Gert and Lynne Perform 6:30 Trivial Pursuit w/Laura</p>	<p>9:45 Rosary w/Jean 10:15 Trivia 10:45 Exercise</p>  <p>2:00 CVS Shopping 2:30 Sudbury Farms Shopping 6:30 Bingo</p>				

