

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;"><i>In Addition:</i></p> <ul style="list-style-type: none"> <li>• Bank of America – Mondays &amp; Thursdays, 9:00 – 10:15 a.m.</li> <li>• Heritage Hair Salon – Tuesdays</li> <li>• Manicures – Every other Friday</li> <li>• Geriatric M.D., V. Perrelli – Weekly</li> <li>• Wellness Clinic – Every other Tuesday</li> <li>• Podiatrist, Dr. T.D. John - Every other Month</li> <li>• Dentist, Dr. Atkins – Every 6 Weeks</li> <li>• Excella Healthcare – On-going &amp; monthly classes</li> <li>• Transport to Doctors – Tuesdays &amp; Thursdays by appointment</li> </ul>				1	2	3
				<p><b>Happy New Year</b></p>  <p>9:45 Crosswords in the Club Room 10:45 Exercise w/Gang Living Rm 2:00 Afternoon Movie 6:30 Sing-A-Long</p>	<p><b>Manicures!</b> 9:45 A History of the Postage Stamp! 10:45 Fit for the Future w/ Lynne! 2:00 Mass with Father Ben 2:45 Art Class 4:00 Shabbat with Jeff Stock 6:30 Movie Time</p> 	<p>9:45 Special Program with Linda – Multi-Purpose Room 10:45 Exercise with Linda 2:00 Saturday Matinee</p> 
4	5	6	7	8	9	10
<p>10:00 Coffee and Sunday Newspaper in Library 10:00 Crossword Puzzles in Club Room 2:00 Sunday Matinee</p> 	<p>9:45 “Events of 2008” w/Linda 10:45 Exercise 2:00 Program w/ Jessica, our Intern and Josephine’s Granddaughter! 3:00 Gert and VioLynne 6:30 Laura teaches the Wii!</p>	<p>9:45 Rosary with Jean 10:30 Book Club in Living Room 10:45 Exercise w/Gang 2:00 Anniversary of TV Premiere Wheel of Fortune (1975) Let’s Play! 3:00 Hemenway Students Read! 6:30 Bingo/Linda</p>	<p>9:45 Special Birthday Program – “All About your Birthday w/Linda 10:45 Exercise 12:30 Bridge <u>Shopping Trips</u> 2:00 CVS; 2:30 Sudbury Farms 6:30 Very special Program with Vero!</p>	<p>9:45 Birds of New England w/Linda 10:45 Exercise</p>  <p>2:30 Chair Yoga w/Anu! Come and try this new class! 3:30 Word Game 5:15 Puppy Time 6:30 Bingo</p>	<p>9:45 News Currents 10:45 Fit for the Future! 12:00 January Birthday Lunch 2:00 Learn to Play Poker w/Tony 3:00 Charades 4:00 Shabbat Service with Al 6:30 Program w/Vero</p>	<p>9:45 Biography Program w/Linda 10:45 Stay Fit with Linda!</p>  <p>2:00 Saturday Matinee</p>
11	12	13	14	15	16	17
<p>10:00 Coffee and Sunday Newspaper in Library 10:00 Crossword Puzzles in Club Room</p>  <p>2:00 Sunday Matinee</p> 	 <p>9:45 Pinecone bird feeder project w/Linda! 10:45 Exercise 2:30 <b>Marti Sawyer Performs!</b> 3:45 Trivia Fun 6:30 Evening program w/Vero</p>	<p>9:45 Crosswords in Club Room 10:45 Exercise w/Gang 2:00 Storytelling from the Past 3:00 Name That Tune 6:30 Bingo with Linda</p> 	<p>9:00 Wellness w/ Cindy, 2<sup>nd</sup> Floor 9:30 Crosswords 10:15 Resident’s Council 10:45 Exercise 12:30 Bridge <u>Shopping Trips</u> 2:00 CVS; 2:30 Sudbury Farms 5:15 The Mitten Tree with Linda 6:30 After dinner program with Vero</p>	<p>9:30 Bible Study 10:45 Exercise</p>  <p>3:30 News Currents 6:30 Bingo!</p> 	<p><b>Manicures!</b> 9:45 Trivia with Laura 10:45 Fit for the Future! 3:00 January Birthday Party!</p>  <p>4:00 Shabbat Service with Elliot 6:30 Evening Movie!</p>	<p>9:45 Surprise program w/Linda 10:45 Exercise with Linda 2:00 Saturday Matinee 6:30 <b>Special Performance by Bruce Pratt!</b></p> 
18	19	20	21	22	23	24
<p>10:00 Coffee &amp; Sunday Paper 10:00 Crossword Puzzle 2:00 Sunday Matinee</p> 	<p>9:45 Arts &amp; Crafts with Linda 10:00 Fit and Fun/Exercise w/Linda 2:00 Laughter is the Best Medicine! Bring your best jokes! 3:00 Gert and VioLynne 6:30 Evening Program w/Vero</p>	<p>9:45 Rosary with Jean</p>  <p>10:00 The Word Game with Laura! 11:00 Exercise with Laura 2:00 Ladies Club Kickoff! 3:30 Charades 6:30 Bingo with Linda</p>	<p>9:30 Crossword 10:45 Exercise 12:20 News, Etc. 12:30 Bridge <u>Shopping Trips</u> 2:00 – CVS; 2:30 Sudbury Farms 2:30 <b>Sonia Maneri Performs</b> 5:15 The Mitten Tree with Linda 6:30 After dinner program with Vero</p>	<p>9:45 Word Power Vocabulary Game with Linda 10:45 Stay Fit for the Future! 2:30 Yoga w/Anu! 3:30 <b>New Resident Welcome Party!</b> 6:30 Bingo!</p>	<p>9:45 Trivia with Laura 10:45 Exercise 2:30 News Currents 4:00 Shabbat Service w/ Daniel</p>  <p>6:30 Evening Movie – Popcorn and drinks served!</p>	<p>9:45 Biography Program with Linda 10:45 Exercise with Linda 2:00 Saturday Matinee</p> 
25	26	27	28	29	30	31
<p>10:00 Sunday paper &amp; coffee</p>  <p>10:00 Crossword Puzzle 2:00 Sunday Matinee</p>  <p>6:30 Sing-A-Long in Living Room</p>	<p>9:45 Musical Biography Program w/Linda 10:45 Exercise and Energize with Linda! 2:00 “So You Think You’re Smarter Than a 5<sup>th</sup> Grader”! 3:00 Gert and VioLynne!</p>	<p>9:45 Spelling Bee with Laura 10:45 Exercise with Laura 2:15 Men’s Group The Career’s of Our Lives – come share your story/experience! 3:30 Name That Tune! 6:30 Bingo with Linda</p>	<p>9:00 Wellness with Cindy 9:45 Mini Spelling Bee with Linda 10:15 Art Matters “Monet”</p>  <p>12:30 Bridge <u>Shopping Trips</u> 2:00 CVS; 2:30 – Sudbury Farms 5:15 The Mitten Tree with Linda 6:30 After dinner program w/Vero</p>	<p>9:30 Bible Study</p>  <p>10:45 Exercise 2:15 Wheel of Fortune! 3:15 The Word Game 6:30 Bingo</p>	<p><b>Manicures!</b> 9:45 Trivia with Laura 10:45 Stay Fit! 2:00 News Currents 3:30 Shabbat Service w/Jeff and Keshar 13 Students!</p>  <p>6:30 Evening Program w/Vero</p>	<p>9:45 Crosswords in the Club Room 10:45 Exercise in Living Room 2:30 <b>Special Entertainment Chuck Dee Performs!</b></p>  <p>6:30 Evening Movie</p>