

February, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">1</p> <p>10:00 Coffee, Sunday Paper, Crosswords in Club Room 10:45 Exercise in The Club Room 2:00 Sunday DVD The Great Gatsby 6:00 SuperBowl XLIII Pregame and Game time fun!</p>	<p style="text-align: right;">2</p> <p>9:45 Andrew Wyeth Biography with Linda 10:45 Exercise 2:00 Music Listening 3:00 Gert and VioLynne Perform 6:30 Bingo w/Laura</p> 	<p style="text-align: right;">3</p> <p>9:45 Rosary/Jean 10:00 Valentine Wooden knickknack Painting Project 10:45 Exercise 2:00 Matinee DVD 2:00 Book Group Discussion w/Janet 2:00 CVS Shopping 2:30 Sudbury Farms Shopping 6:30 Bingo w/Linda in the Club Room</p>	<p style="text-align: right;">4</p> <p>Wellness w/Cindy 9:45 Words and Phrases Program with Linda 10:45 Exercise 12:30 Bridge Group 2:15 Women's Discussion Group 3:00 Hemenway Readers Arrive! 6:30 Evening DVD</p>	<p style="text-align: right;">5</p> <p>9:30 Bible Study with Rev. Chris 10:00 3 Cups of Tea Book Discussion – Main Library 10:45 Fit for the Future 2:15 The Word Game 3:30 Spelling Bee 6:30 Bingo</p>	<p style="text-align: right;">6</p> <p>10:00 NewsCurrents 10:45 Get Fit, Stay Fit Exercise  12:00 Special Luncheon for February Birthday Residents 2:00 Mass with Fr. Ben 4:00 Shabbat w/Jeff Stock 6:30 Program with Vero</p>	<p style="text-align: right;">7</p> <p>9:30 3 Cups of Tea – Meet the Author at Nevins Hall 10:00 Crosswords in Club Room 10:45 Exercise with 2:00 Afternoon Matinee 6:30 Sing-A-Long</p>
<p style="text-align: right;">8</p> <p>10:00 Coffee and Sunday Newspaper in Library 10:00 Crossword Puzzles in Club Room 10:45 Exercise in The Club Room  2:00 Sunday Matinee </p>	<p style="text-align: right;">9</p> <p>9:45 Dictionary Game with Linda 10:45 Fit for the Future with Linda 2:00 Spelling Bee 3:15 Gert and VioLynne Perform 6:30 Bingo</p>	<p style="text-align: right;">10</p> <p>9:45 Crosswords in The Club Room 10:45 Exercise 2:00 CVS Shopping 2:30 Sudbury Farms Shopping Trips 3:15 The Word Game 6:30 Bingo</p>	<p style="text-align: right;">11</p> <p>9:45 Discussion group with Linda 10:15 Resident's Council Meeting 10:45 Fit for the Future w/Linda 12:30 Bridge Grp. 3:00 Susan Cleveland Performs with Special Surprise Guest 6:30 Sing-A-Long with Vero</p>	<p style="text-align: right;">12</p> <p>9:45 Craft Project with Linda 10:45 Exercise and Feel Good! 1:00 Westgate Academy/School – Valentine Day Intergenerational Program/Project 3:15 The Word Game 5:15 Puppy Time in Club Room 6:30 Bingo</p>	<p style="text-align: right;">13</p> <p>9:45 Trivia is not Trivial 10:45 Get Fit with Lynne  2:30 Valentine's Party – Multi-Purpose Room 4:00 Shabbat w/Elliot and Daniel</p>	<p style="text-align: right;">14</p> <p style="background-color: red; color: white; padding: 2px;">Happy Valentine's Day!</p> <p>9:45 Valentine's Day Program with Linda 10:45 Exercise with Linda  2:00 Afternoon Matinee 6:30 Saturday Night Sing-A-Long</p>
<p style="text-align: right;">15</p> <p>10:00 Coffee & Sunday Paper 10:00 Crossword Puzzles 10:45 Exercise in The Club Room 2:00 Sunday Matinee </p>	<p style="text-align: right;">16</p> <p>President's Day 9:45 Presidential Trivia 10:45 Exercise 2:00 Word Power Vocabulary Enhancement Program 3:00 Gert and VioLynne Perform 6:30 Play Wii sports with Volunteer Laura</p>	<p style="text-align: right;">17</p> <p>9:45 Rosary w/Jean 10:45 Exercise 2:00 CVS Shopping 2:30 Sudbury Farms Shopping 2:00 The Word Game 3:15 Team Wheel of Fortune 6:30 Bingo</p>	<p style="text-align: right;">18</p> <p>Wellness w/Cindy 9:45 Linda Program 10:45 Exercise 12:00 Out for Lunch Bunch 12:30 Bridge Grp. 1:30 Fashion Show 3:00 Vocalist Jim Porcella Entertains! 5:15 The Mitten Tree </p>	<p style="text-align: right;">19</p> <p>9:30 Bible Study Class with Chris 10:45 Exercise with Linda 2:00 NewsCurrents, a current events program 3:00 Spelling Bee 6:30 Bingo!</p>	<p style="text-align: right;">20</p> <p>9:30 Crosswords 10:30 Kid's Carnival – Multi-Purpose Room  4:00 Shabbat with Sue and Daniel</p>	<p style="text-align: right;">21</p> <p>9:45 Program with Linda 10:45 Exercise with Linda 2:00 Saturday Matinee  6:30 Resident-Run Trivia Time</p>
<p style="text-align: right;">22</p> <p>10:00 Sunday paper & coffee  10:00 Crossword Puzzle 10:45 Exercise in The Club Room 2:00 Sunday Matinee  6:30 Sing-A-Long in Living Room</p>	<p style="text-align: right;">23</p> <p>9:45 Biography Program 10:45 Get Fit Exercise Program 2:00 Poker, Scrabble and Cards 3:00 Derek Mann – Comedy in Music Show 6:30 Bingo with Laura</p>	<p style="text-align: right;">24</p> <p>9:45 Crazy for Crosswords 10:45 Exercise 2:00 CVS Shopping 2:30 Sudbury Farms Shopping 3:00 Word Game 6:30 Bingo</p>	<p style="text-align: right;">25</p> <p>Ash Wednesday 9:45 Program with Linda 10:15 Art Matters – Program on Monet 12:30 Bridge Grp. 2:30 Fit for The Future with Lynne 3:30 What is The Internet? Let's find Out! 5:15 Mitten Tree 6:30 Sing-A-Long</p>	<p style="text-align: right;">26</p> <p>9:45 Program with Linda 10:45 Exercise 2:30 February Birthday Party 3:30 Karoke Sing-A-Long !  6:30 Bingo!</p>	<p style="text-align: right;">27</p> <p>10:00 Trip to The Blocks Preschool Intergenerational 10:45 Exercise 3:30 Shabbat with Keshet 13 Students and Presentation of Memories Project Scrapbooks! Cantor Stock and Daniel, too. 6:30 Friday Night at the Movies</p>	<p style="text-align: right;">28</p> <p>9:45 Program with Linda 10:45 Get Fit, Stay Fit! Exercise 2:30 Quilt Show and Tea Party Trip at Edward's Church 2:00 Saturday Matinee  6:30 Saturday Night Sing-A-Long</p>

In addition:

- Bank of America – Mondays & Thursdays 9:00 – 10:15 a.m.
- Heritage Hair Salon – Tuesdays
- Manicures – Every other Friday
- Geriatric M.D., V. Perrelli – Weekly
- Excella Wellness Clinic – Every other Wednesday
- Podiatrist - Every other Month
- Dentist, Dr. Atkins – Every 6 Weeks
- Excella Healthcare –Rehabilitation daily plus bi-monthly classes
- Transport to Doctors – Tuesdays & Thursdays by appointment