



Heritage at Framingham Classic - Activity Calendar April, 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Questions or suggestions for activities? Contact: Lynne Canavan Activity Director icanavan@heritageassistedliving.com 508-788-6050 x107 Information subject to change. Please see Daily Activity Sheets for daily schedule.</p>	<p>In addition:</p> <ul style="list-style-type: none"> Heritage Hair Salon – Tuesdays Manicures – Every other Friday Geriatric M.D., V. Perrelli – Weekly Excella Wellness Clinic – Every other Wed., 9 to 10:30 am Podiatrist - Every other Month Dentist, Dr. Atkins – Every 6 Weeks Excella Healthcare –Rehab. daily Transport to Doctors, by appointment – Tues. all day/Thurs. after 10:30 am 9am Mass at St. George's Three Thursdays/month 			<p>April Fool's Day! 10:00 Spring Table Decorations! 10:45 Exercise 1:30 pm Walking Group with John 2:00 Read-Along time w/Lynne – adventures of Dewey! 3:30 Wii Bowling with John 6:30 Evening DVD</p>	<p>Good Friday 10:00 Trivia w/ Dee 10:45 Exercise 1:30 Afternoon DVD 2:00 Walking Club with Lynne 2:30 Bingo w/ Lynne 3:30 Shabbat Service with Kesher 13 Students and Cantor Stock 6:30 Evening Documentary</p>	<p>9:00 Crossword Challenge 10:45 Exercise in Club Room 2:00 Baseball DVD 3:00 Scrabble and Cards in Club Room 4:30 Fun Times with Dee/until 6:00pm 6:30 Bingo with Dee</p>
<p>Easter Sunday 9:00 Coffee and Sunday Newspaper in Country Kitchen 9:15 Crossword Challenge 10:00 Documentary 10:45 Exercise 1:30 Baseball DVD 2:30 Sing-A-Long 3:30 Dee's Word Game in the Kitchen 8:05 Red Sox Home Opener</p>	<p>Opening Day for Red Sox! Play Ball! 9:00 Walking Group 10:00 Opening Day Celebration program with Noreen! 10:45 Noreen's Exercise Class 12:00 Special Baseball Home Opener Luncheon 2:30 Entertainment! The Jazz Makers! 3:30 Baseball Reminisce Times 6:30 Baseball Game Replay</p>	<p>9:45 Communion 9:15 Early Morning Exercise</p>  <p>10:00 Carolyn Barry – Nutrition Program 10:45 Resident Food Service Meeting 2:00 Scam and Fraud Prevention Special Presentation 3:30 Wii Bowling 6:30 Bingo with Dee</p>	<p>9:00 Wellness Clinic 9:30 Dollar Store Shopping Trip with Noreen 10:00 Sweet Treats with Noreen 10:45 Exercise Class 12:30 Bridge 2:00 CVS Shopping 2:30 Sudbury Farms 3:30 NewsCurrents 5:15 Knitting Group 6:30 Bingo with Dee 7:00 Framingham Tales and Trivia Channel 9 Comcast</p>	<p>8:15 Boston Symphony Orchestra Trip 9:00 Framingham Tales and Trivia on Comcast Channel 9! 10:45 Exercise! 2:00 Afternoon DVD</p>  <p>5:15 Puppy Time in the Lobby 6:30 Evening DVD</p>	<p>9:00 Manicures 10:00 Chair Yoga with Ann 11:00 Game Time with Ann!</p>  <p>12:00 Birthday Luncheon 1:30 Documentary 2:00 Bingo w/Lynne 4:00 Shabbat 6:30 Evening Movie</p>	<p>10:00 Plant an Herb Garden with Noreen!</p>  <p>10:45 Exercise 2:00 Movie Time 3:30 Card Games in Club Room</p>  <p>6:30 Bingo with RCAs</p>
<p>10:00 Coffee & Sunday Paper 10:00 Crosswords 10:45 Exercise 2:00 April Showers Bring May Flowers - with Noreen</p>  <p>3:30 Noreen's Wine and Cheese Social 6:30 Evening DVD</p>	<p>9:15 Crossword Challenge 10:00 Weather Watcher – paint your Mood - with Noreen 10:45 Exercise 1:30 Afternoon Matinee 3:30 Trivia with Classic RCA 6:00 Evening News in Game Room 6:30 Ladies Chat Time in Living Room</p>	<p>9:15 Crossword Challenge 9:45 Rosary 10:00 Morning Documentary 10:45 Exercise 11:00 The Price is Right! Game Room 1:30 Afternoon DVD 2:00 CVS Shopping 2:30 Sudbury Farms 3:45 Wii Sports with John – Game Room! 6:30 Bingo with Dee</p>  <p>2:30 String Swing Live Jazz Music Performance 3:45 News Wrap Up with John 5:15 Knitting Group 6:30 Bingo with Dee</p>	<p>9:15 Crosswords 9:30 NewsCurrents with John & Noreen 10:45 Exercise Class 12:30 Bridge</p>  <p>2:30 String Swing Live Jazz Music Performance 3:45 News Wrap Up with John 5:15 Knitting Group 6:30 Bingo with Dee</p>	<p>8:30 Mass at St. George's 10:00 Craft Time – Nesting Boxes for our Feathered Friends 10:45 Exercise 11:00 The Price is Right! Game Room 2:00 Birthday Party 2:30 Live Entertainment by Jazzy Pianist, Ethan Stone! 3:45 News Wrap-Up with John 6:30 Evening DVD</p> 	<p>10:00 News Program with Dee 10:45 Exercise 11:00 The Price is Right! Game Room 1:30 Afternoon DVD 2:30 Mass with Fr. Ben – Peloquin Rm 3:00 Bingo w/Dee</p>  <p>4:00 Shabbat 6:30 Evening Movie</p>	<p>9:15 Crosswords 10:00 Morning DVD 10:45 Exercise 1:30 Documentary</p>  <p>4:30 Front Porch time with Dee 6:30 Bingo w Dee 6:30 Evening DVD</p>
<p>10:00 Sunday paper & coffee in Kitchen 10:00 Crosswords 10:45 Exercise</p>  <p>2:00 Dee's Word Game 3:30 Sing-A-Long with Dee</p> 	<p>10:00 Past and Present of the Boston Marathon with Noreen 10:45 Exercise 1:30 Afternoon DVD</p>  <p>2:15 Do You Like to Sing? Our 1st rehearsal for The Heritage Singers Practice with Lynne! 3:30 Right Center Left Dice Game! 6:00 Evening DVD</p>	<p>9:00 Crosswords 9:30 News with John 9:45 Communion</p>  <p>10:45 Exercise 11:00 The Price is Right! Game Room 1:30 Afternoon DVD 2:00 CVS Shop 2:00 Sudbury Farms Shopping 3:30 Team Wheel of Fortune 6:30 Bingo with Dee</p>	<p>9:00 Crosswords 9:00 Wellness Clinic 10:00 Morning Documentary 10:45 Exercise 12:30 Bridge 1:30 Afternoon Comedy 1:30 Read Out Loud Program – "Dewey" 3:30 Headline News</p>  <p>5:15 Knitting Group 6:30 Bingo with Dee</p>	<p>Today is Earth Day! 8:30 Mass at St. George's 10:00 Chair Volley Ball /Staff/Residents 12:30 Driving Tour of the Boston Marathon</p>  <p>1:30 Afternoon Movie Musical 3:30 Cassette Exercise Class 6:30 Evening DVD</p>	<p>9:00 Manicures 10:00 Yoga with Ann</p>  <p>11:00 Fun Games with Ann! 2:15 NewsCurrents 3:00 Bingo 4:00 Shabbat 6:30 Evening Movie</p>	<p>10:00 How Green Are You? w/Noreen 10:45 Get Fit, Stay Fit! Exercise Class</p>  <p>2:00 Afternoon DVD 3:30 Puzzles and Scrabble/Game Rm 6:30 Bingo</p>
<p>9:00 Sunday paper & coffee in Kitchen 10:00 Early Morning Documentary 10:45 Exercise 2:00 Our Farmer's Markets and CSA - Community Supported Agriculture/Noreen 3:30 Wine and Cheese Social Happy Hour with Noreen and RCAs</p>	<p>10:00 Plant a Shrub Day in honor of Friday's Arbor Day - with Noreen</p>  <p>10:45 Exercise 1:30 Afternoon DVD 6:00 Evening News 6:30 Small group time in Living Room</p>	<p>9:00 Crossword Challenge 9:45 Rosary 10:45 Exercise 11:00 The Price is Right! Game Room 1:30 Afternoon DVD 2:00 CVS 2:30 Sudbury Farms Shopping</p>  <p>6:30 Bingo with Dee</p>	<p>9:00 Crosswords 9:30 Early Exercise 10:15 ArtMatters "Cezanne"</p>  <p>12:30 Bridge 2:00 Word Game 3:15 Bake Shop with Hemenway Daisy Girl Scout Troupe 5:15 Knitting Group 6:30 Bingo with Dee</p>	<p>9:00 Crosswords</p>  <p>10:00 Coffee/Social with Retiring Hemenway School Principal, Dr. Burke! 10:45 Exercise 1:30 Walmart & Macy's Shopping 2:00 Documentary 6:30 Evening DVD</p>	<p>Today is Arbor Day</p>  <p>9:00 Crosswords 10:00 Trivia w/Dee 10:45 Exercise</p>  <p>2:30 NewsCurrents 4:00 Shabbat 6:30 Evening Movie</p>	<p>Coming Up in May:</p> <p>12th – Lilac Tour of Arnold Arboretum 13th – Sherborn Music Makers 20th – Fiddle & Keys Performance 22nd – The Acapella Singers Perform 26th – Dr. John the Podiatrist visits. 27th – Ethan Stone, Jazz Pianist</p>

